



# Prévention et traitement du diabète post-greffe

Dr L. Weekers

Chef de Clinique CHU de Liège  
Néphrologie - Transplantation



**MRC**

**Prise en charge précoce de la  
Maladie Rénale Chronique**

# Conflits intérêts

- Honoraire consultance / advisory board:
  - Astra Zeneca (Evusheld)
  - Hansa (Inflimidase)
- Aucun en rapport avec thématique traitée dans cette présentation

Diabète post greffe

# **DEFINITION**

# Définition

## POSTTRANSPLANTATION DIABETES MELLITUS

### Recommendations

- 2.20** After organ transplantation, screening for hyperglycemia should be done. A formal diagnosis of posttransplantation diabetes mellitus is best made once the individual is stable on an immunosuppressive regimen and in the absence of an acute infection. **B**
- 2.21** The oral glucose tolerance test is the preferred test to make a diagnosis of posttransplantation diabetes mellitus. **B**
- 2.22** Immunosuppressive regimens shown to provide the best outcomes for patient and graft survival should be used, irrespective of posttransplantation diabetes mellitus risk. **E**

FPG  $\geq$ 126 mg/dL (7.0 mmol/L). Fasting is defined as no caloric intake for at least 8 h.\*

OR

2-h PG  $\geq$ 200 mg/dL (11.1 mmol/L) during OGTT. The test should be performed as described by WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.\*

OR

A1C  $\geq$ 6.5% (48 mmol/mol). The test should be performed in a laboratory using a method that is NGSP certified and standardized to the DCCT assay.\*

OR

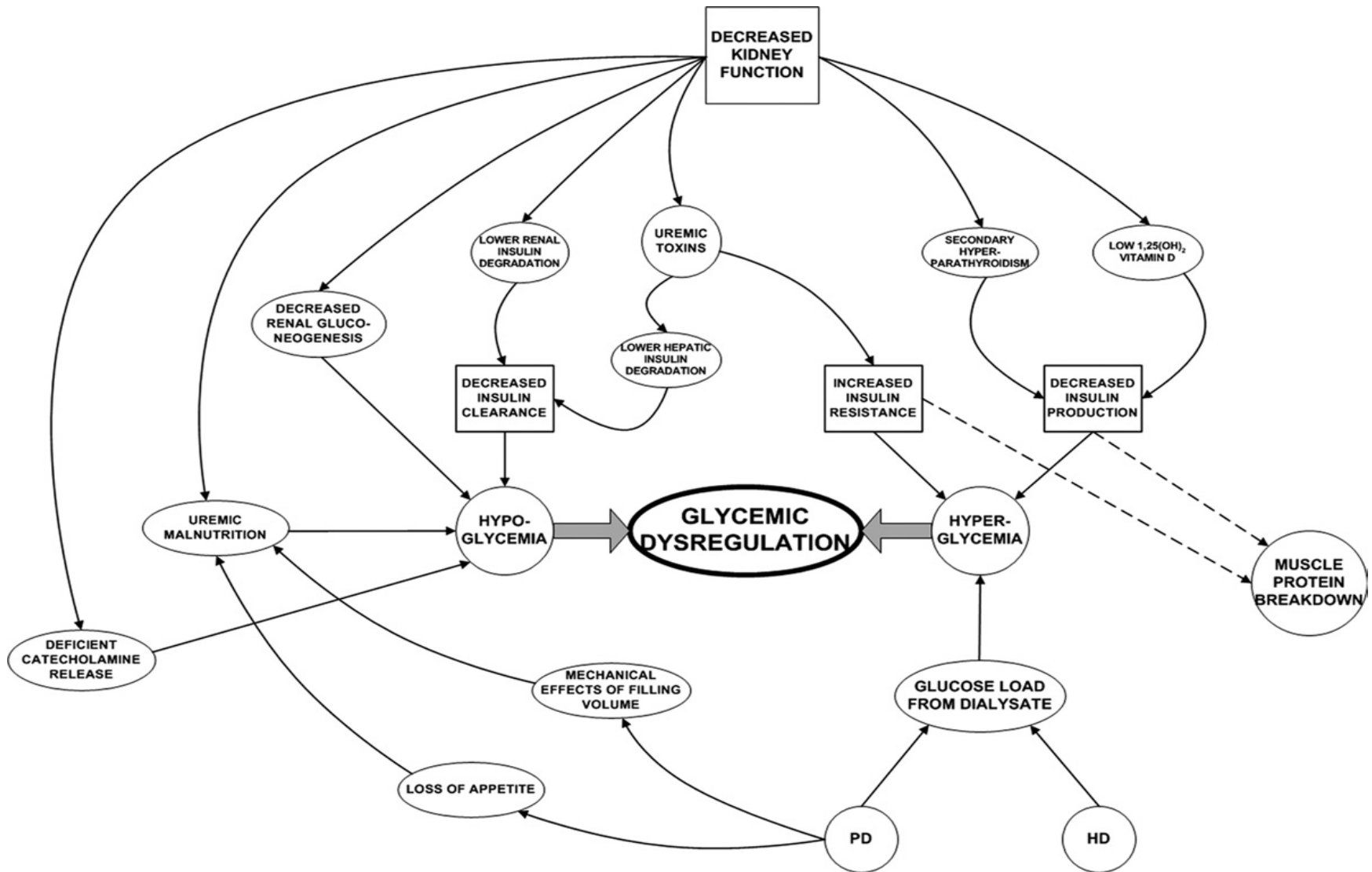
In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose  $\geq$ 200 mg/dL (11.1 mmol/L).

- **NODAT**: New Onset Diabetes After Transplantation
- **PTDM**: Post-Transplant Diabetes Mellitus
- 90% des transplantés rénaux ont une hyperglycémie transitoire les premières semaines post-greffe qui ne doit pas être étiquetée de Diabète post-greffe

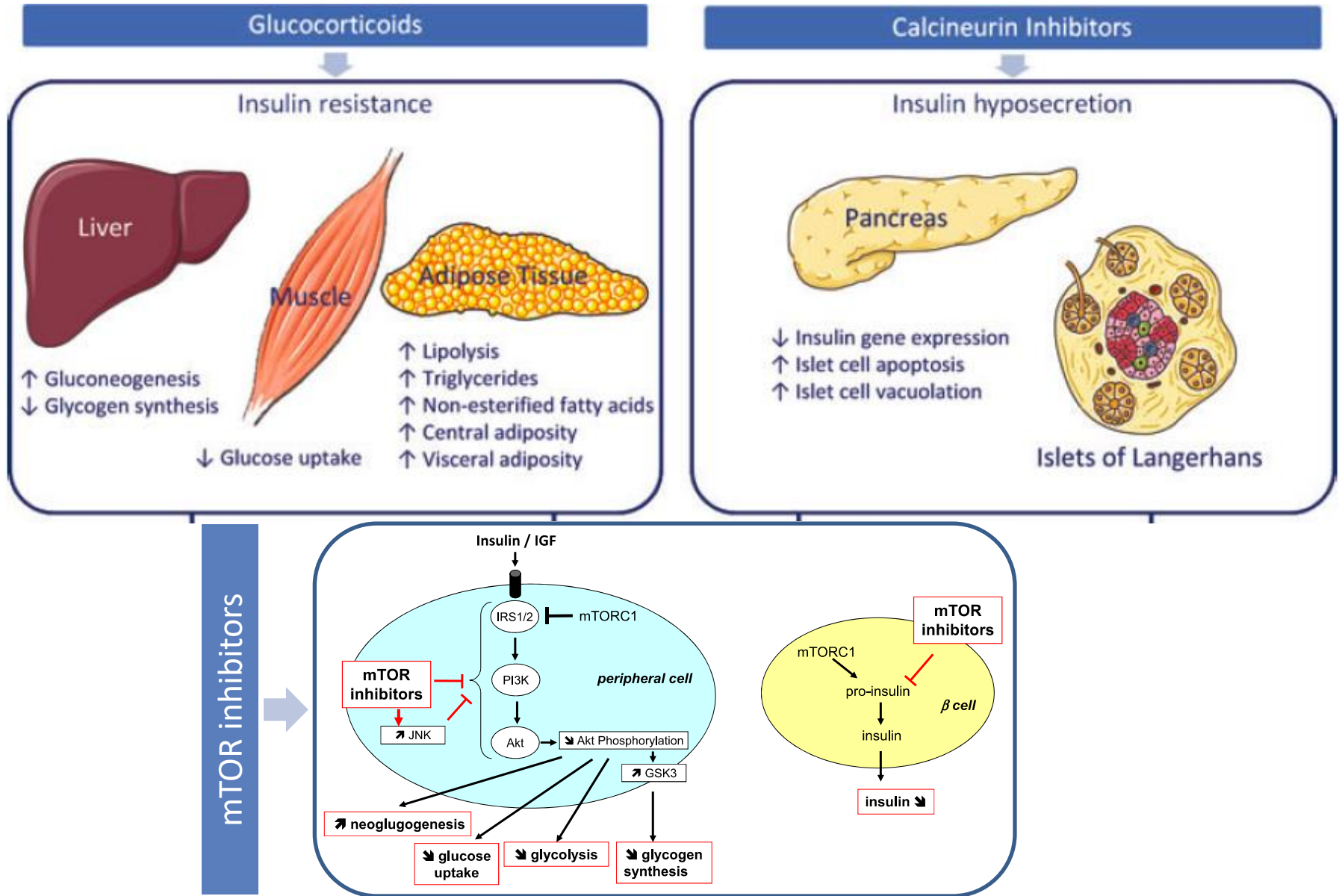
Diabète post greffe

# **PHYSIOPATHOLOGIE**

# Mécanismes « dérégulation » glycémique IRC

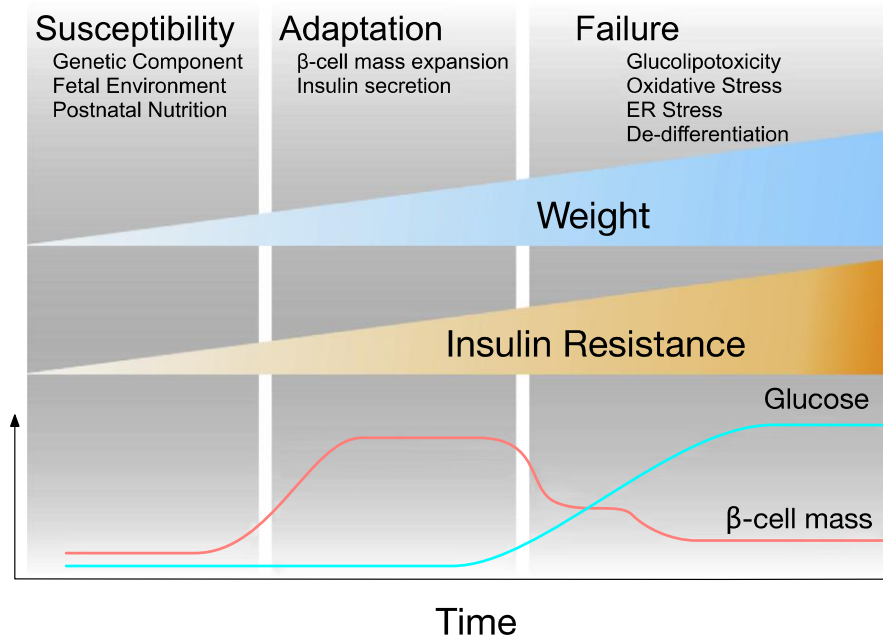


# Physiopathologie PTDM

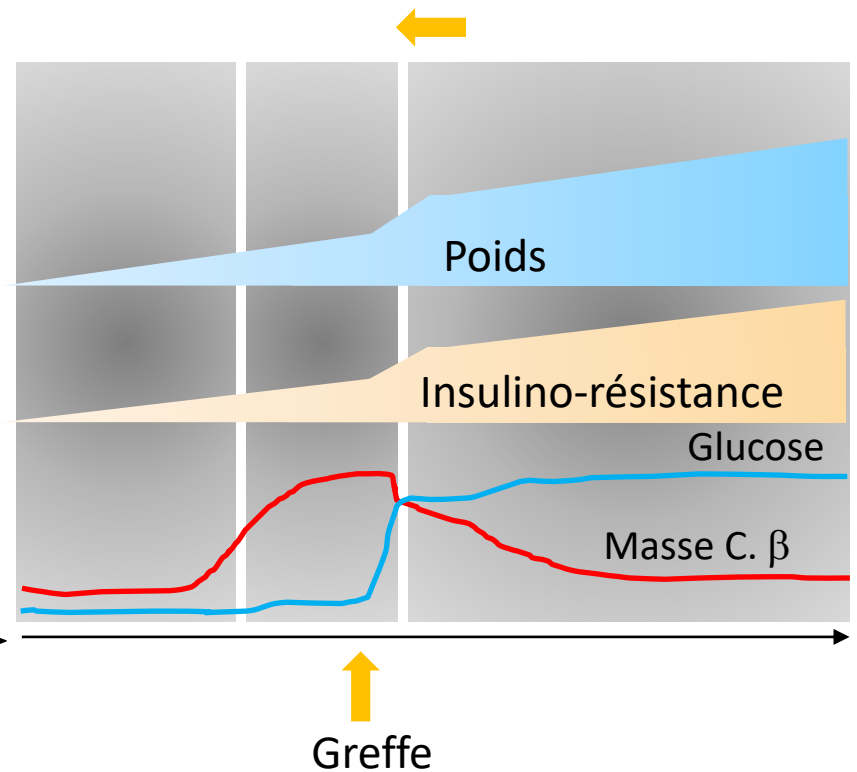


# Histoire naturelle du diabète

## Diabète de type 2

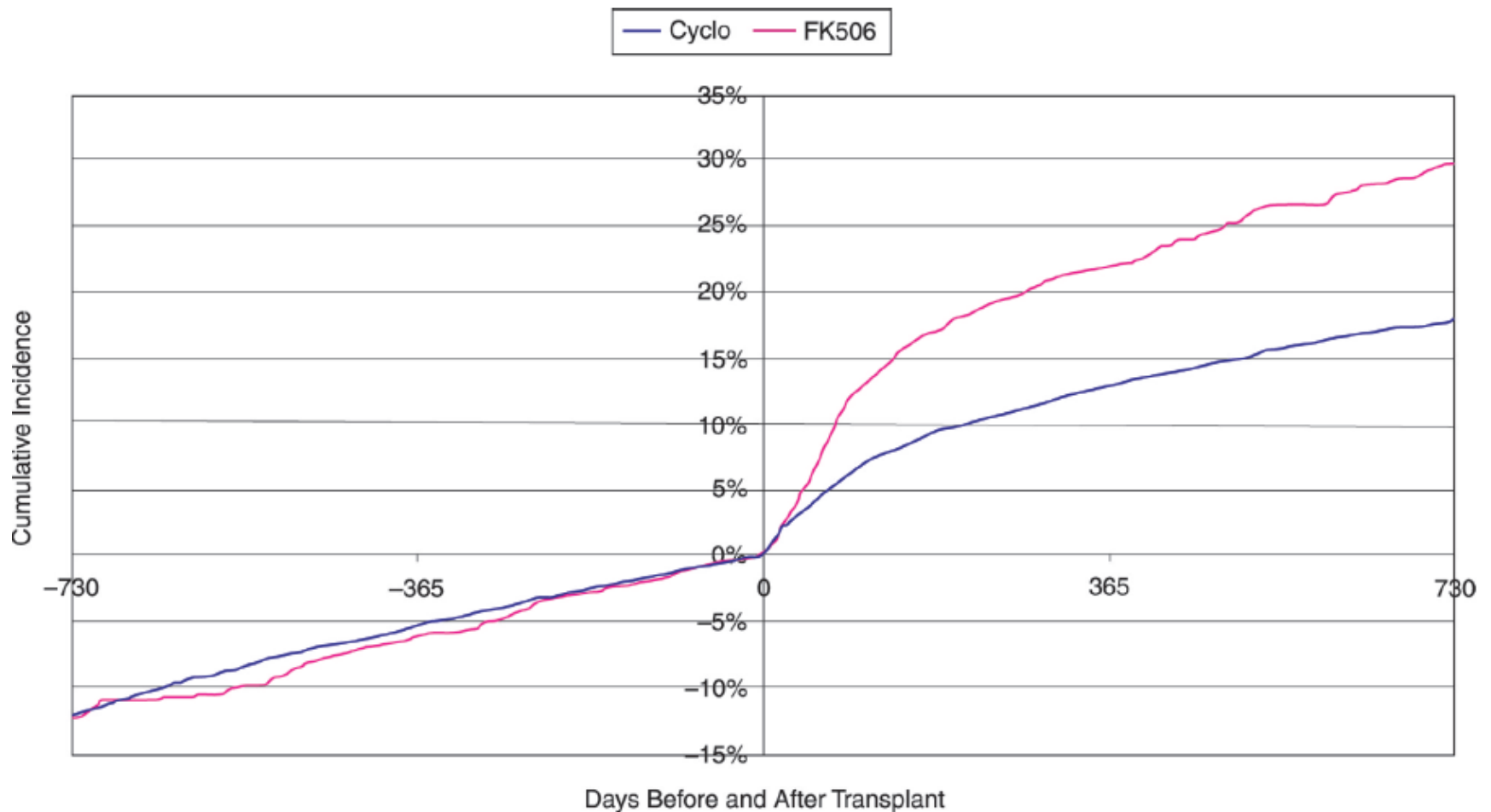


## PTDM





# Incidence cumulée de diabète avant et après greffe rénale



Diabète post greffe

# **EPIDEMIOLOGIE**

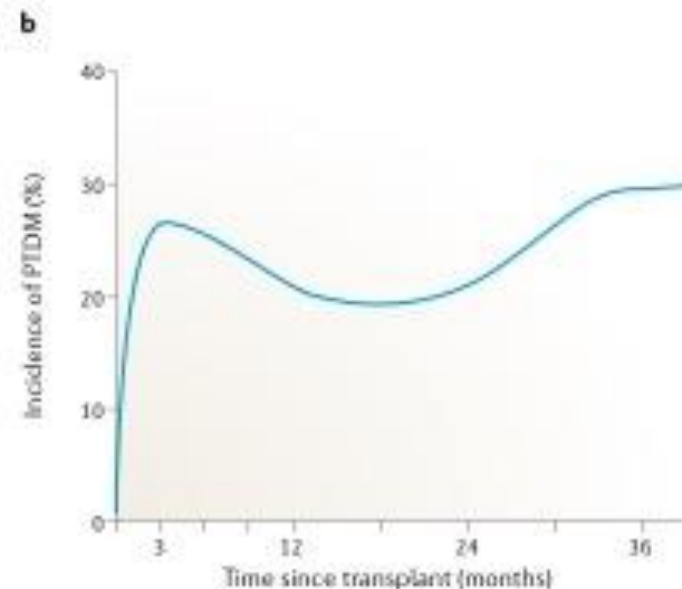
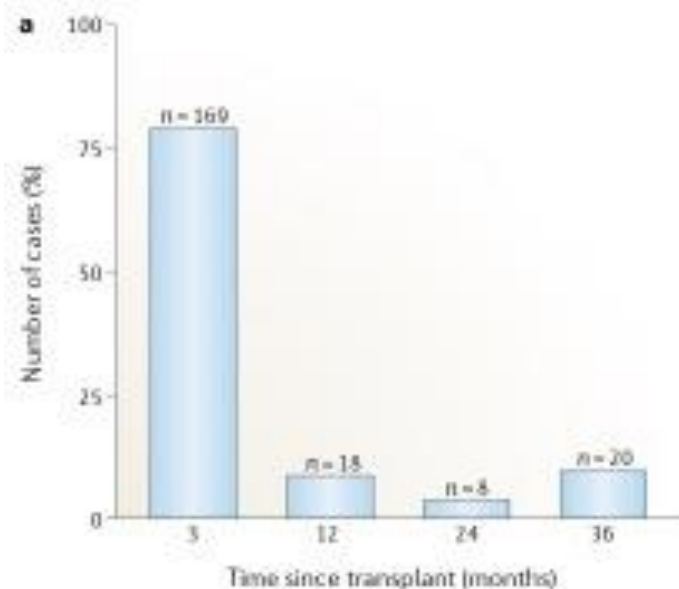
# Incidence du NODAT

Study	N	Definition	NODAT incidence (%)							Population	Primary maintenance immunosuppressive regimen	
			Months post				Years post					
			1	2	3	6	1	4	6			7
Hagen et al. (2003) (Ref. 9)	63	OGTT		19					22		White Norwegian	Pred, CsA, Aza
David-Neto et al. (2007) (Ref. 10)	84	OGTT	14	18		19	9				Nonobese Brazilian	Pred, Tac, MMF
Hur et al. (2007) (Ref. 11)	77	OGTT					39			35	Korean	Pred, CsA, MMF
Porrini et al. (2008) (Ref. 12)	154	OGTT				31	20				Spanish	Pred, Tac, MMF
Valderhaug et al. (2009) (Ref. 13)	1637	OGTT		17 <sup>2</sup>							White Norwegian	Pred, CsA, Aza/MMF
Luan et al. (2010) (Ref. 14)	591	FBG						15 <sup>1</sup>			White/African American	Pred, CsA, MMF/Sirolimus

Pred = prednisone/prednisolone; CsA = cyclosporine A; Tac = tacrolimus; Aza = azathioprine; MMF = mycophenolate mofetil.

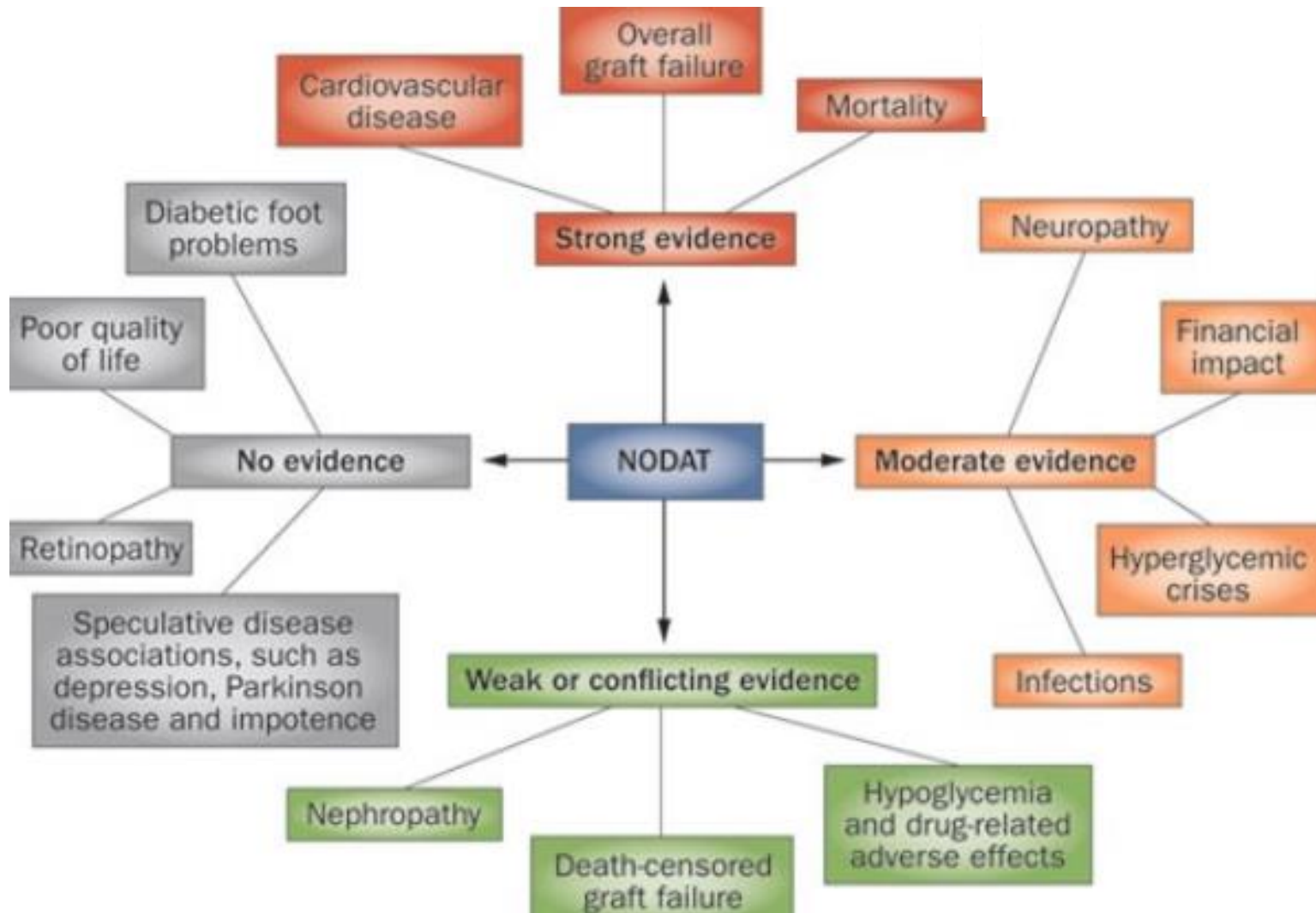
=> Incidence : 9 à 39%

Yates et al ; American Journal of Transplantation ; 2012

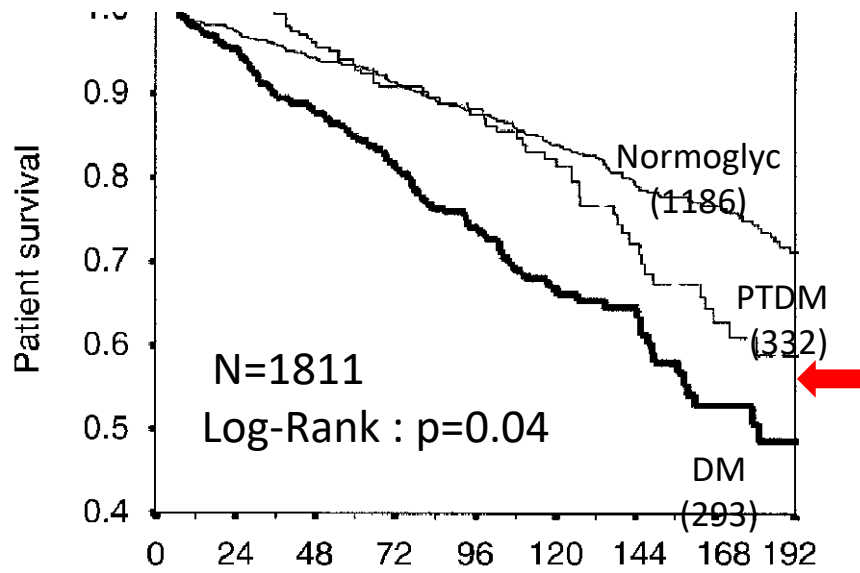


Jenssen et al; Nature Reviews Endocrinology ; 2019

# Effets délétères associés avec le NODAT

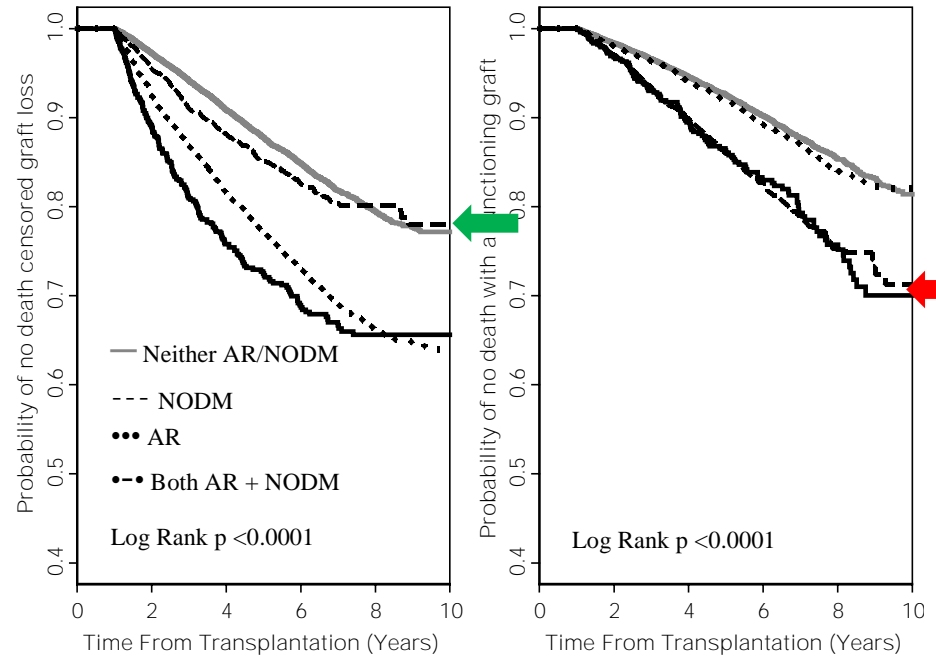


## Mortalité post-greffe



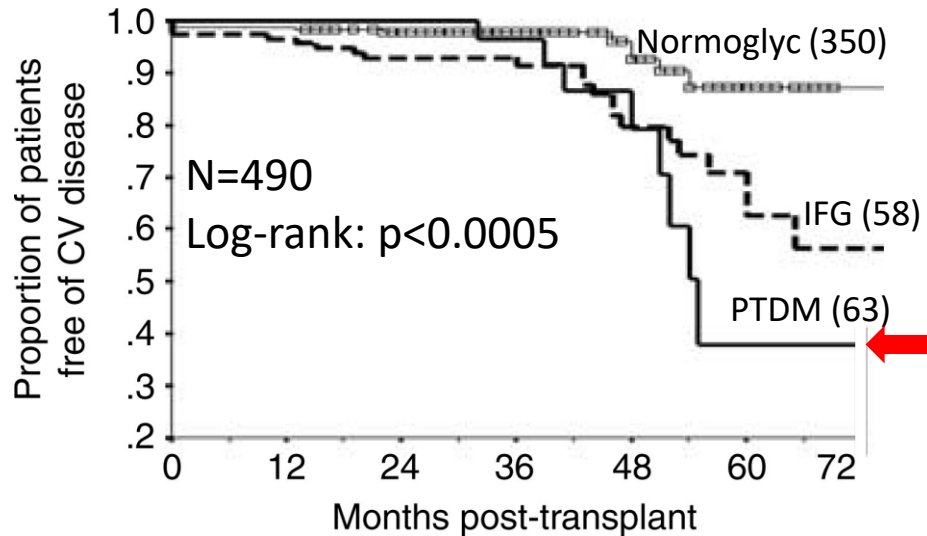
Cosio et al. ; Kidney International ; 2002

## Survie greffon (censurée pour décès ou non)



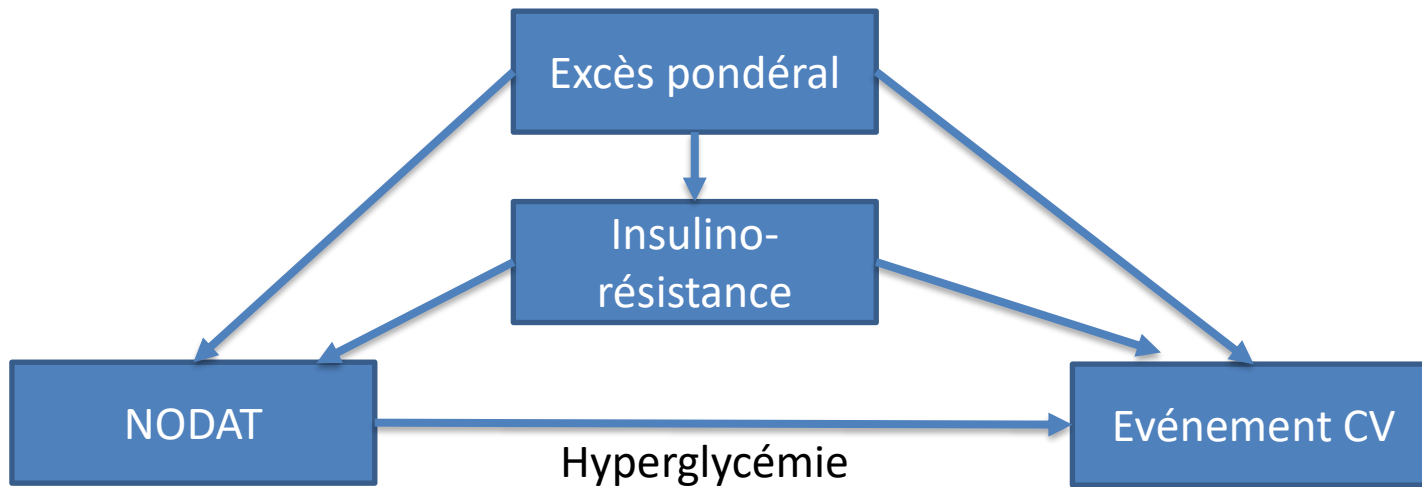
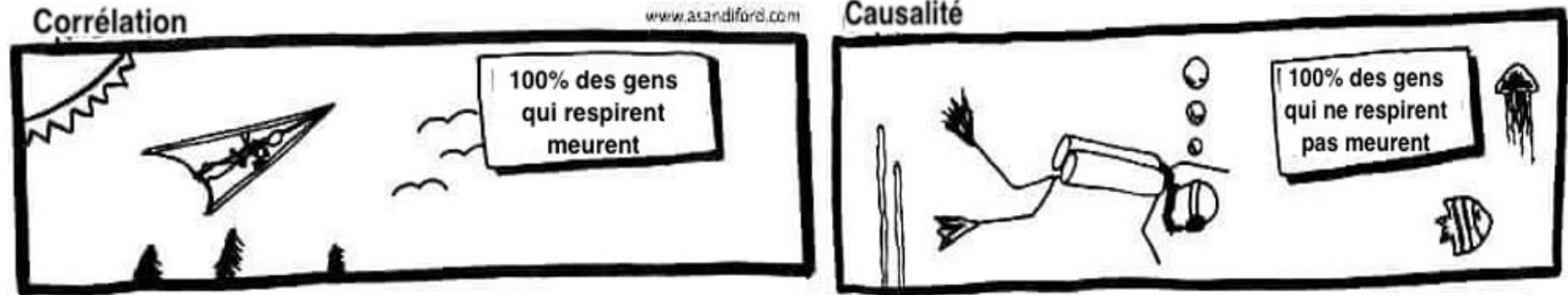
Cole et al. ; Clin J Am Soc Nephrol ; 2008

## Événements cardio-vasculaires



Cosio et al. ; Kidney International ; 2005

# Effet causal ou facteur confondant?

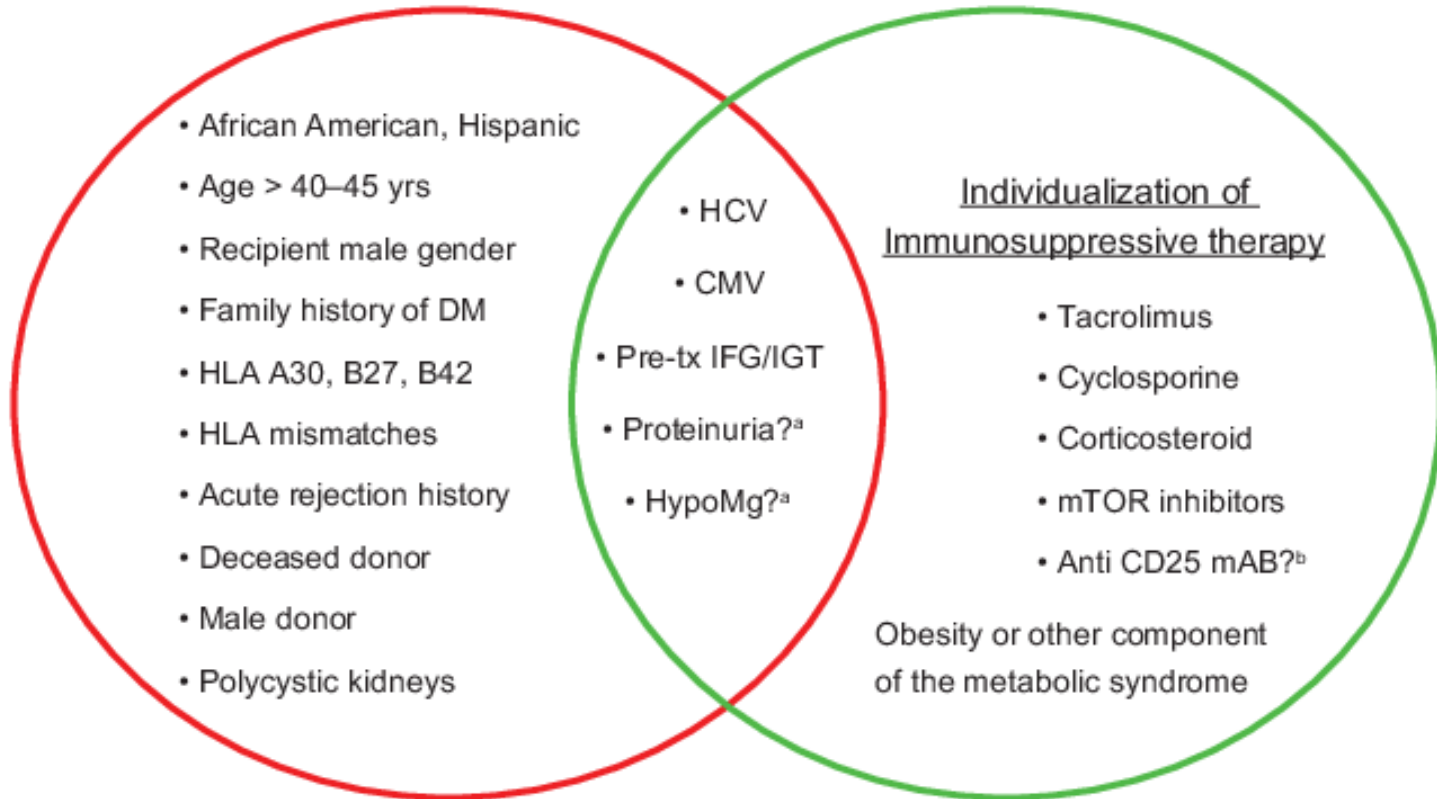


# Facteurs de risque

**Non-modifiable**

**Potentially modifiable**

**Modifiable**

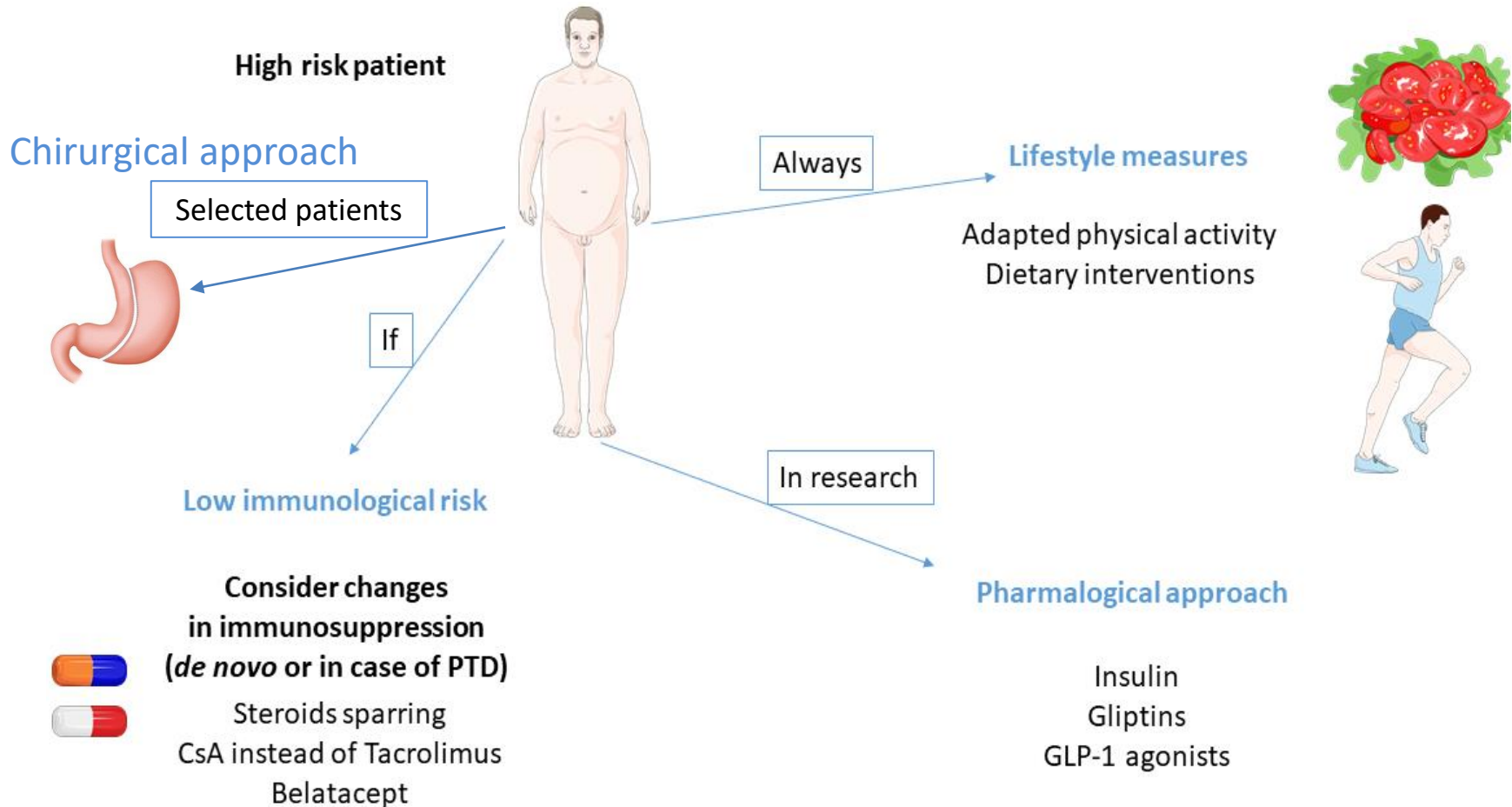


Diabète post greffe

# MESURES PRÉVENTIVES



# Prévention du PTDM



# Etude CAVIAR (Glycaemic Benefits of Active Versus Passive Lifestyle Intervention in Kidney Allograft Recipients)

- Essai randomisé contrôlé 1:1
- N=130 (3 à 24 mois post-KTx)
- Intervention:
  - Visite chez diététiciens
  - Méthodologie visant à une modification du style de vie
- Suivi à 6 mois
- 20 % d'arrêts prématurés de l'étude
- Critères de jugements:
  - 1<sup>aire</sup> : Mesure ssb à l'insuline (HOMA)
  - 2<sup>aire</sup> : PTDM,...

## Clinical outcomes at 6-mo

Parameter		Active	Passive	Mean difference	P
Weight (kg) ± SD	Baseline	79.03 ± 16.10	81.28 ± 14.73	-2.47 [-4.01 to -0.92]	0.002
	Follow-up	77.91 ± 16.50	82.66 ± 14.72		
	Δ Change	-1.20 ± 4.38	+1.26 ± 3.32		
Waist-hip ratio ± SD	Baseline	0.947 ± 0.102	0.950 ± 0.086	-0.007 [-0.032 to 0.017]	0.552
	Follow-up	0.940 ± 0.098	0.948 ± 0.095		
	Δ Change	-0.007 ± 0.006	-0.002 ± 0.009		
HbA1c (mmol/mol) ± SD	Baseline	38.7 ± 5.2	39.7 ± 5.9	-0.46 [-2.08 to 1.16]	0.572
	Follow-up	39.0 ± 6.0	40.6 ± 6.8		
	Δ Change	+0.32 ± 4.01	+0.78 ± 4.08		
Impaired fasting glucose		18 (32.1%)	15 (31.9%)	-	0.575
Impaired glucose tolerance		10 (22.7%)	9 (23.7%)	-	0.562
Posttransplantation diabetes		5 (7.6%)	10 (15.6%)	-	0.123
Any anti-glycemic medication		1 (1.5%)	3 (4.7%)	-	0.298

# Intérêt de la chirurgie bariatrique

## Population (pré-)greffe

Management of obesity in kidney transplant candidates and recipients: A clinical practice guideline by the DESCARTES Working Group of ERA

Gabriel C. Oniscu<sup>1</sup>, Daniel Abramowicz<sup>2</sup>, Davide Bolignano<sup>3</sup>, Ilaria Gandolfini<sup>4</sup>, Rachel Hellemans<sup>5</sup>, Umberto Maggiore<sup>6</sup>, Ionut Nistor<sup>7</sup>, Stephen O'Neill<sup>8</sup>, Mehmet Sukru Sever<sup>9</sup>, Muguet Koobasi<sup>10</sup> and Evi V. Nagler<sup>11</sup>

We suggest considering bariatric surgery in kidney transplant candidates with a BMI  $\geq 40$  kg/m<sup>2</sup> (2C).

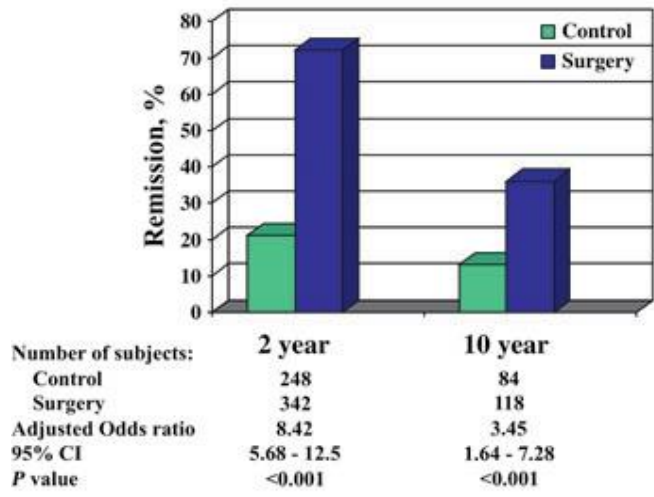
We suggest considering bariatric surgery in kidney transplant candidates with a BMI  $\geq 35$  kg/m<sup>2</sup> with at least one major obesity-related condition that can be improved by weight loss (2D).

We suggest laparoscopic sleeve gastrectomy over other forms of bariatric surgery in kidney transplant candidates (2D).

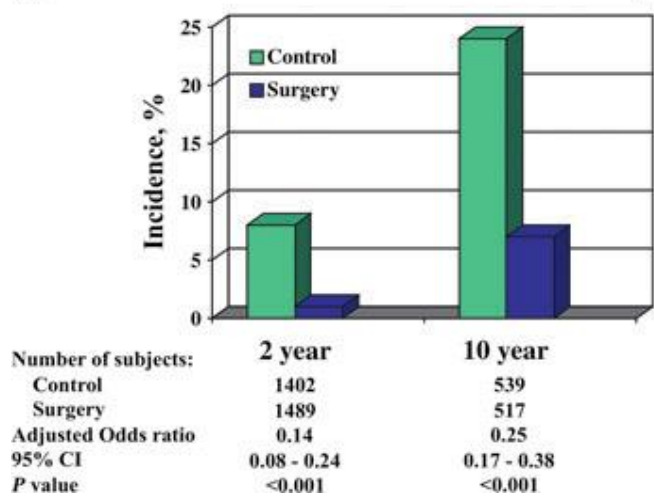
- 831 références répertoriées
- 32 études contrôlées retenues (aucune étude randomisées)
- 6 études portant sur chir bariatrique avant KTx
- 3 rapportent effet sur PTDM :
  - 133 chir vs. 192 contrôles
  - PTDM 0-9% vs. 11-43%

## Population générale

(a) SOS. Remission from diabetes over 2 and 10 years





(b) SOS. Incidence of diabetes over 2 and 10 years



# Early Postoperative Basal Insulin Therapy versus Standard of Care for the Prevention of Diabetes Mellitus after Kidney Transplantation: a Multicenter, Randomized Trial




## METHODS

263 Non-Diabetic Kidney Transplant Recipients

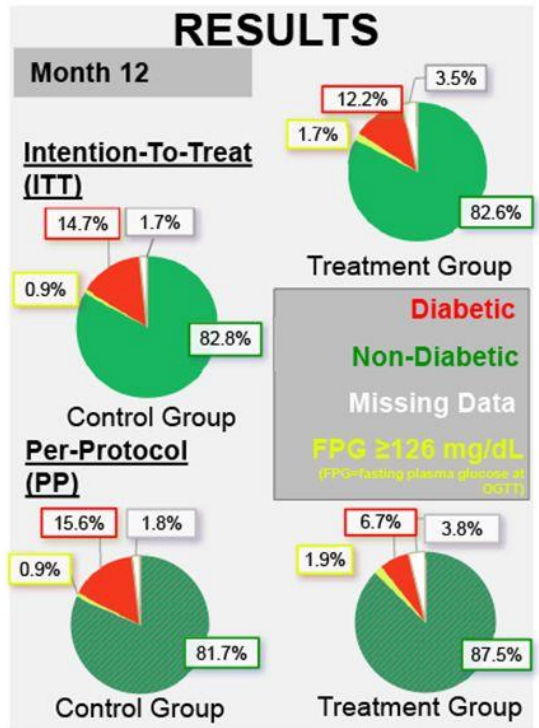
& Triple Immunosuppression

Randomization (1:1)

Blood Glucose Monitoring & Basal Insulin Treatment

Standard-of-Care Control



## OUTCOME

Post-Transplant Diabetes Mellitus (PTDM) at Month 12

Odds Ratio <sub>unadjusted*</sub>	Number Needed to Treat
ITT: 0.82 (0.39-1.76)	ITT: 44
PP: 0.40 (0.16-1.01)	PP: 12

High-Risk Population

ITT: 0.53 (0.23-1.22)	ITT: 9
PP: 0.20 (0.07-0.59)	PP: 5 <i>p</i> < 0.01

Difference between ITT and PP

\*After adjustment for polycystic kidney disease (PTDM risk factor) and glomerular nephritis (both being significantly different between groups at baseline), the Odds Ratio for the PP analysis became significant. \*Four patients were mislabeled and 3 patients did not follow the protocol at all.

## CONCLUSIONS

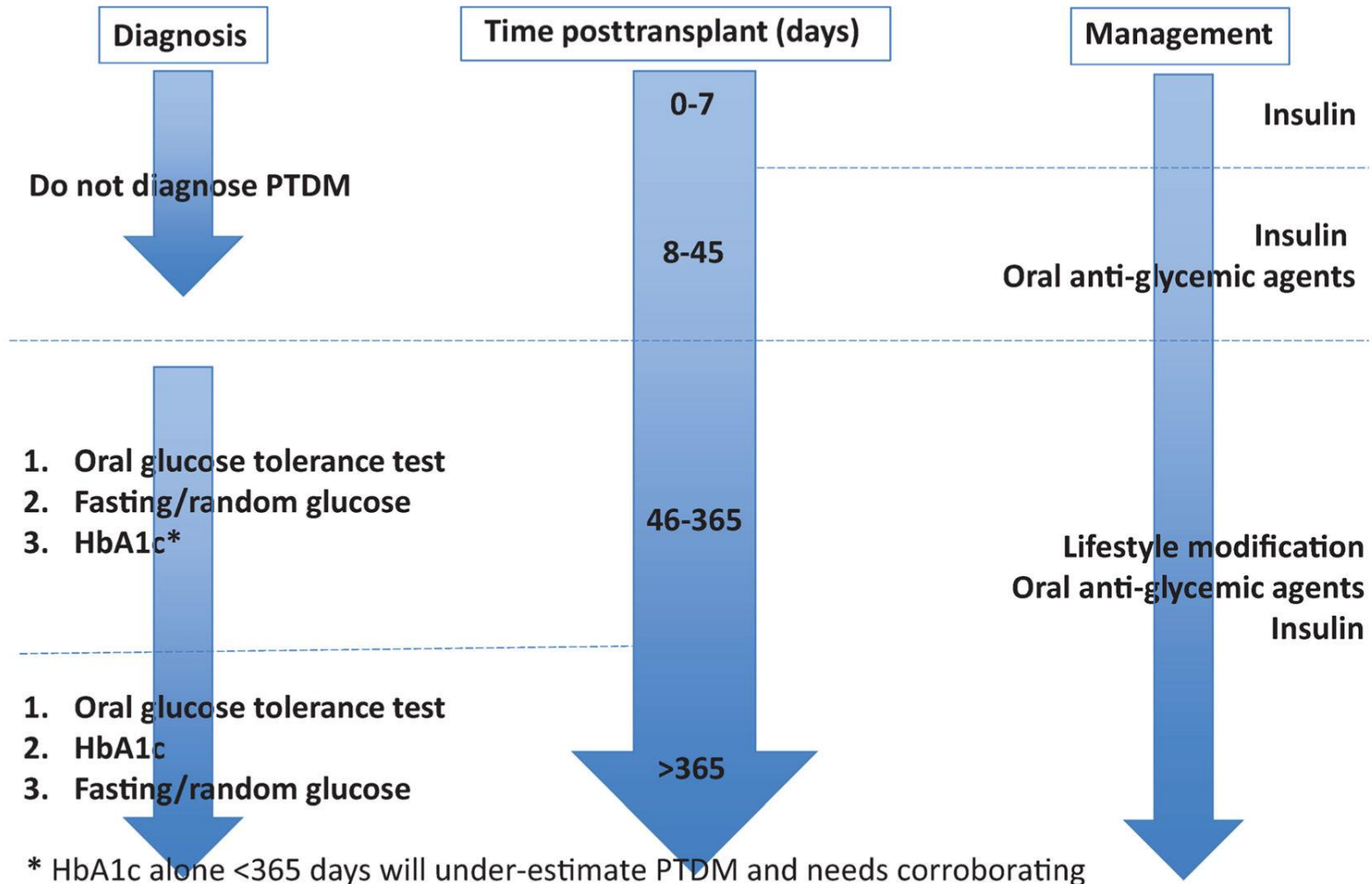
Early postoperative basal insulin administration has the potential to decrease sustained PTDM, but the therapeutic benefit depends on protocol adherence. This intervention may be particularly beneficial in patients who are at higher risk of developing hyperglycemia.

doi: 10.1681/ASN.2021010127

Diabète post greffe

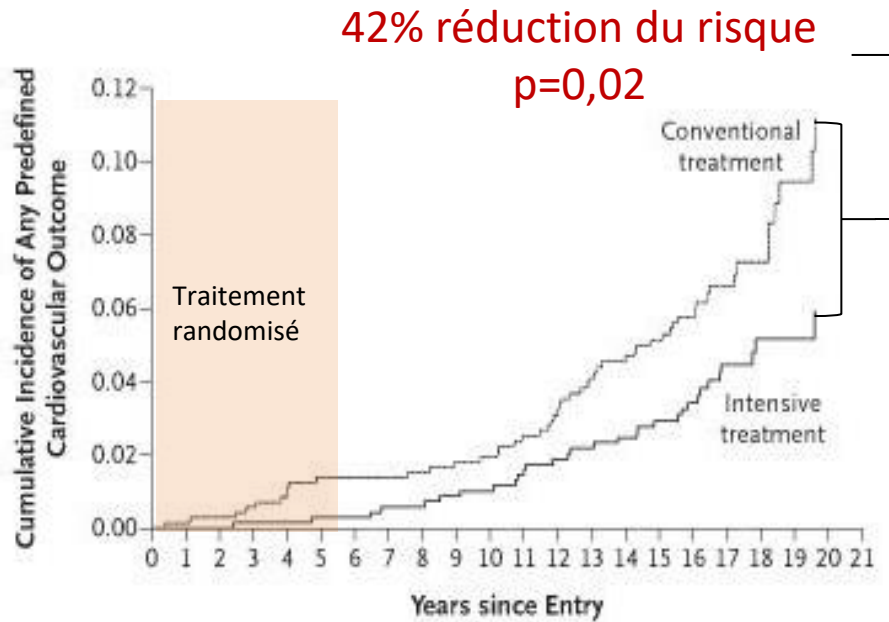
# **TRAITEMENT DU DIABÈTE AVÉRÉ**

# Prise en charge séquentielle du PTDM



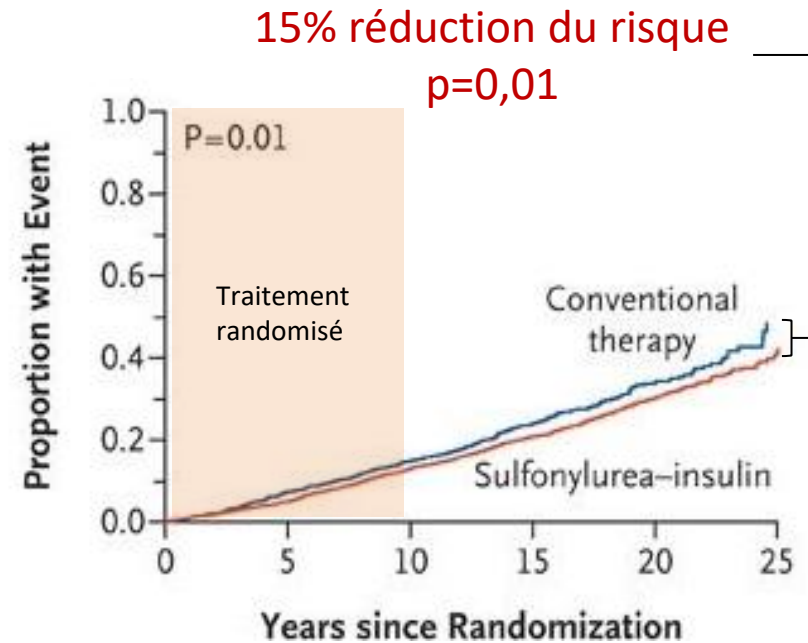
# Contrôle stricte de la glycémie

**DCCT/EDIC**  
D1, 5-6 ans (n=1441)



Nathan et al ; NEJM ; 2005

**UKPDS**  
D2, 9,5 ans (n=4209)

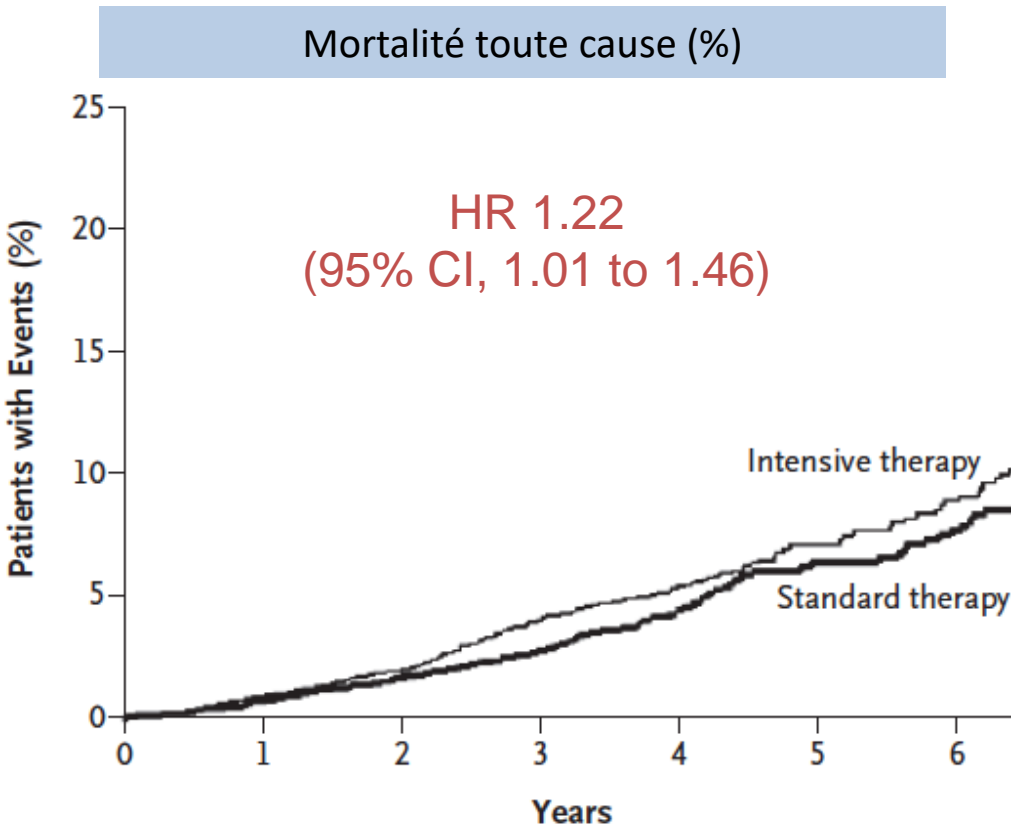


Hollman et al ; NEJM ; 2008

# HbA1c: « the lower , the better » ?

## ACCORD

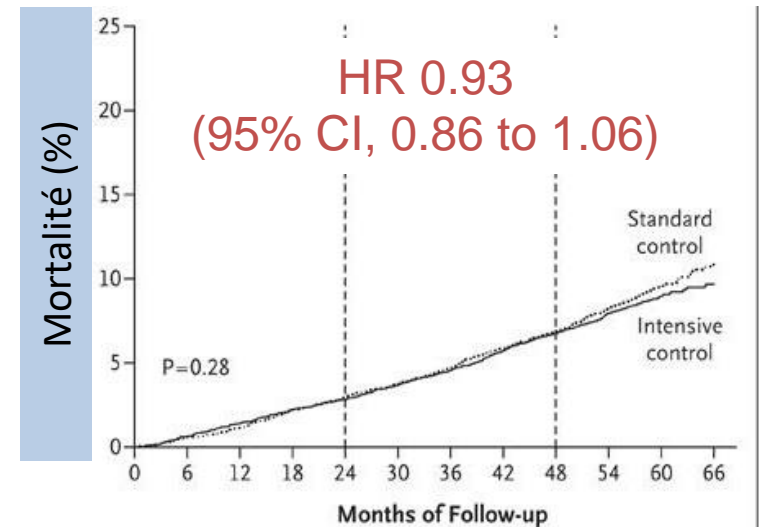
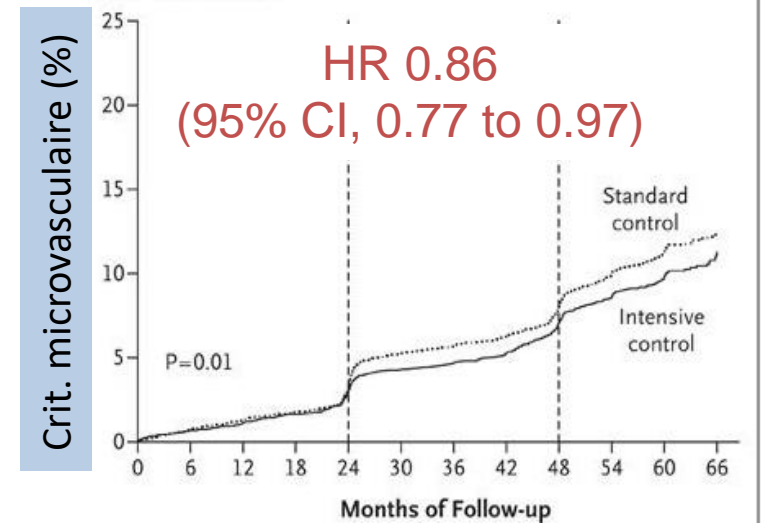
D2; n= 10.251 ; HbA1c 8,1% => <6% vs 7-7,9%



ACCORD Study Group; NEJM; 2008

## ADVANCE

D2 ; n=11.140 ; objectif HbA1c <= 6,5%



ADVANCE Collaborative Group ; NEJM ; 2008

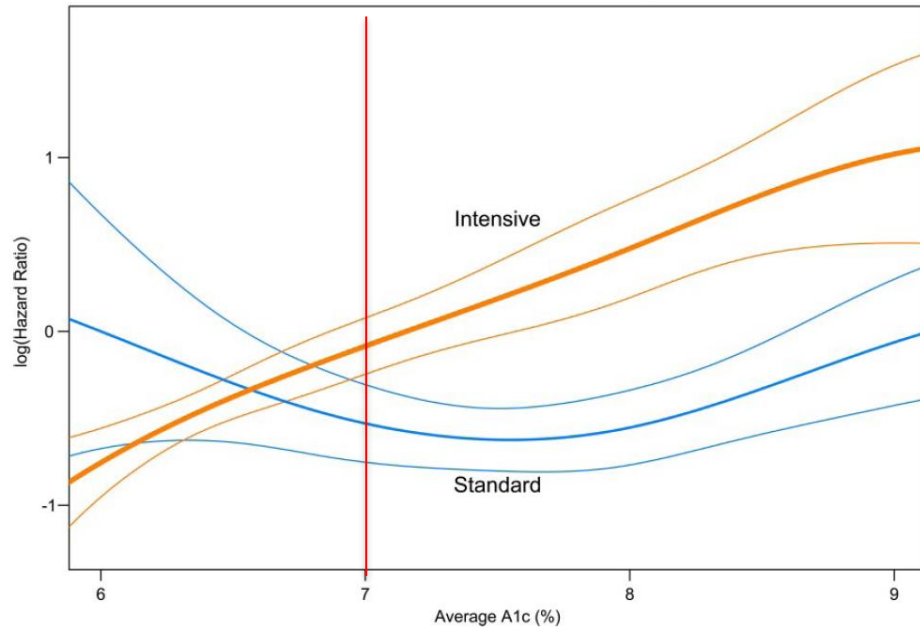


# HbA1c: « the lower, the better » ?

## ACCORD relation complexe HbA1c -

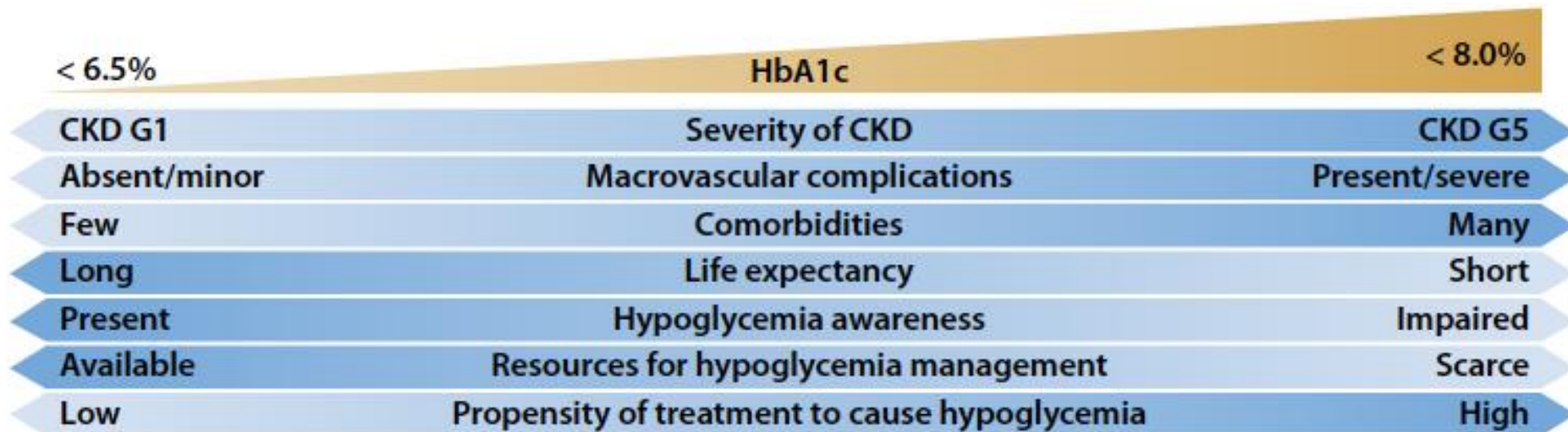
## ADVANCE Rôles des hypoglycémies sévères

Adjusted log(Hazard Ratio) by Treatment Strategy  
Relative to Standard at A1c of 6%



Clinical Outcome and Interval after Hypoglycemia	No. of Events	Hazard Ratio Adjusted for Treatment Assignment (95% CI)	P Value
Macrovascular events	1147	4.05 (2.86–5.74)	<0.001
3 mo		3.27 (1.22–8.73)	0.02
6 mo		2.61 (1.17–5.83)	0.02
Microvascular events	1131	2.39 (1.60–3.59)	<0.001
3 mo		2.90 (1.09–7.74)	0.03
6 mo		3.24 (1.62–6.50)	<0.001
Death from any cause	1031	4.86 (3.60–6.57)	<0.001
3 mo		10.4 (6.02–18.00)	<0.001
6 mo		7.28 (4.50–11.80)	<0.001
Death from cardiovascular cause	542	4.87 (3.17–7.49)	<0.001
3 mo		6.25 (2.34–6.70)	<0.001
6 mo		4.20 (1.74–10.10)	<0.01
Death from noncardiovascular cause	489	4.82 (3.16–7.35)	<0.001
3 mo		14.20 (7.35–27.60)	<0.001
6 mo		10.30 (5.78–18.20)	<0.001

# Objectifs glycémiques



# Traitements actifs



**Cochrane**  
**Library**

**Cochrane** Database of Systematic Reviews

## Glucose-lowering agents for treating pre-existing and new-onset diabetes in kidney transplant recipients (Review)

Lo C, Toyama T, Oshima M, Jun M, Chin KL, Hawley CM, Zoungas S

# Types d'interventions

- Insulinothérapie intensive
- Inhibiteurs du DDP-4
- (Glitazone)
- Gliptine – Agonistes du GLP-1 => pas d'étude
- Gliflozine

# Insulinothérapie intensive vs moins intensive

Outcomes	No. of participants (studies)	Certainty of the evidence (GRADE)	Relative effect (95% CI)	Anticipated absolute effects* (95% CI)	
				Risk with less intensive insulin therapy	Risk difference with more intensive insulin therapy
Transplant or graft survival assessed with: graft loss/rejection  Time frame: 13 months to 5 years	301 (4)	⊕○○○ VERY LOW 1, 2, 3, 4	RR 1.12 (0.32 to 3.94)	63 per 1,000	8 more per 1,000 (43 fewer to 186 more)
Delayed graft function  Time frame: 1 to 3 years	153 (2)	⊕○○○ VERY LOW 3, 5, 6, 7	RR 0.63 (0.42 to 0.93)	430 per 1,000	159 fewer per 1,000 (250 fewer to 30 fewer)
HbA1c  Time frame: 13 months	16 (1)	⊕○○○ VERY LOW 3, 8, 9	--	Barbosa 1983 reported HbA1c changed from 15 ± 2.3% (mean ± SEM: 140 ± 25 mmol/mol, month 7) to 13 ± 0.9% (119 ± 10 mmol/mol, month 13) in the less intensive group, and changed from 11 ± 0.4% (97 ± 4 mmol/mol, month 7) to 10 ± 0.8% (86 ± 9 mmol/mol, month 13) in the more intensive group	
FBG (mmol/L)  Time frame: 13 months	24 (1)	⊕○○○ VERY LOW 3, 8, 9	--	Barbosa 1983 reported that intensive insulin therapy achieved a lower FBG (mean ± SEM: 7.22 ± 0.50 mmol/L) compared with less intensive insulin therapy (13.44 ± 1.22 mmol/L) at 13 months (the study lasted for 2 years)	
Kidney function markers: creatinine, eGFR  Time frame: 1 year	36 (1)	⊕○○○ VERY LOW 3, 4, 9, 10	--	HiRT 2016 reported eGFR increased by 4.6 (95% CI -9.75, 18.95) mL/min/1.73 m <sup>2</sup> , and serum creatinine changed by -10.6 (95% CI -37.0, 15.7) µmol/L after 1 year follow-up of 36 participants	
Death (any cause)  Time frame: 1 to 5 years	208 (3)	⊕○○○ VERY LOW 3, 4, 11	RR 0.68 (0.29 to 1.58)	118 per 1,000	38 fewer per 1,000 (84 fewer to 69 more)
Hypoglycaemia  Time frame: 13 months to 5 years	301 (4)	⊕○○○ VERY LOW 1, 3, 5	--	Barbosa 1983 reported in the narrative that intensive insulin therapy resulted in more frequent and severe episodes of hypoglycaemia compared with standard insulin therapy. Barbosa 1994 reported only severe hypoglycaemic episodes, that is, those requiring third party assistance. More intensive insulin therapy resulted in a higher rate of severe hypoglycaemia compared with less intensive insulin therapy (1.7 episodes/patient/year versus < 0.1 episodes/patient/year, P < 0.001). Of the 29 episodes of severe hypoglycaemia resulting in hospital admission, 26 occurred in the intensive insulin group. A patient in the intensive insulin group remained comatose for 6 days and required a 2-week hospital admission. In Hermayer 2012, intensive insulin therapy may have increased the risk of severe hypoglycaemia (< 2.2 mmol/L), however the 95% CI indicated there may be no difference (RR 3.90, 95% CI 0.85 to 17.78) compared to less intensive insulin therapy. HiRT 2016 reported no episodes of hypoglycaemia in either arm	
Discontinuation of medication due to adverse events  Time frame: 1 year	60 (1)	⊕○○○ VERY LOW 3, 10	No events	HiRT 2016 reported the outcome, but no events were observed (n = 60)	

# Inhibiteur du DDP-4 vs placebo

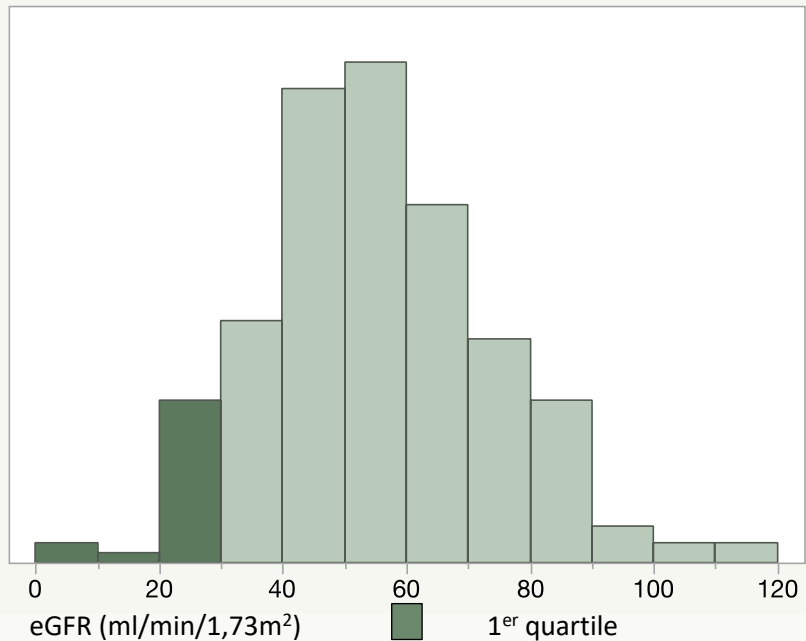
Outcomes	No. of participants (studies)	Certainty of the evidence (GRADE)	Relative effect (95% CI)	Anticipated absolute effects* (95% CI)	
				Risk with placebo	Risk difference with DPP-4 inhibitors
Transplant or graft survival	Not reported	--	--	--	--
Delayed graft function	Not reported	--	--	--	--
HbA1c Time frame: 3 months	32 (1)	⊕⊕⊕⊕ LOW 1, 2	-	The mean HbA1c in the placebo group was -0.1% (-1 mmol/mol)	The mean HbA1c was 0.5% lower in the DPP-4 inhibitors group (0.85% lower to 0.15% lower); 5 mmol/mol lower (9 lower to 2 lower)
FBG Time frame: 3 months	32 (1)	⊕⊕⊕⊕ LOW 1, 2	--	The mean FBG in the placebo group was -0.18 mmol/L	The mean FBG was 0.75 mmol/L lower in the DPP-4 inhibitors group (1.48 lower to 0.02 lower)
Kidney function markers assessed with: eGFR Time frame: 3 months	32 (1)	⊕⊕⊕⊕ LOW 1, 2	--	The mean eGFR in the placebo group was 2.1 mL/min/1.73 m <sup>2</sup>	The mean eGFR in the DPP-4 inhibitor group was 0.2 mL/min/1.73 m <sup>2</sup> lower (6.07 lower to 5.67 higher)
Death (any cause)	Not reported	-	--	-	-
Hypoglycaemia Time frame: 8 to 16 weeks	51 (2)	⊕⊕⊕⊕ VERY LOW 1, 3	--	<a href="#">Haidinger 2010</a> did not report any hypoglycaemia in the vildagliptin group (n = 16)  <a href="#">Strom Halden 2014</a> reported 2 patients had asymptomatic moderate hypoglycaemia in the sitagliptin group (n = 19) although these patients were also receiving glipizide	
Discontinuation of medication due to adverse events Time frame: 8 to 16 weeks	51 (2)	⊕⊕⊕⊕ VERY LOW 1, 3	--	<a href="#">Haidinger 2010</a> reported no discontinuation of medication due to adverse events (n = 32)  <a href="#">Strom Halden 2014</a> reported one event in the sitagliptin group (n 19)	

# Gliflozine vs. Placebo

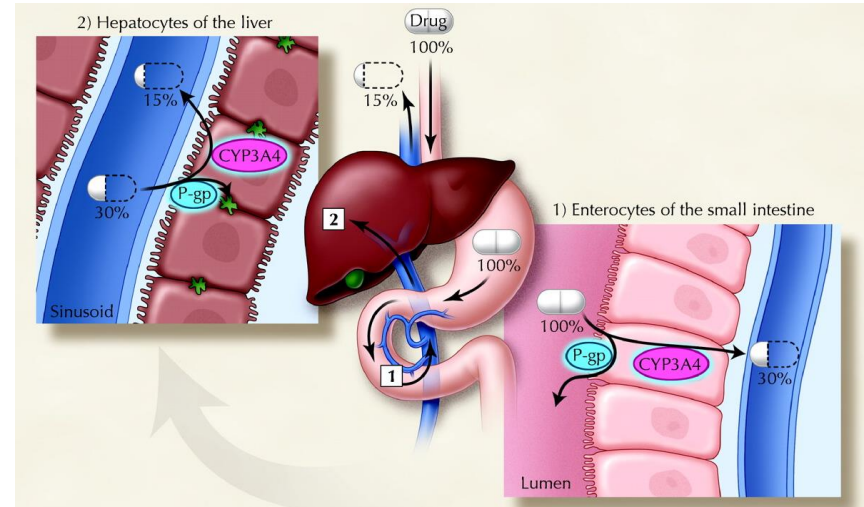
Outcomes	No. of participants (studies)	Certainty of the evidence (GRADE)	Impact
Transplant or graft survival assessed with: graft loss/rejection Time frame: 24 weeks	44 (1)	⊕⊕⊕⊙ MODERATE <sup>1</sup>	<a href="#">EMPA-Renal Tx 2019</a> reported that no patients in either the group receiving empagliflozin or placebo were suspected of having a kidney graft rejection. Follow-up, however was only over 24 weeks
Delayed graft function	Not reported	--	--
HbA1c Time frame: 24 weeks	44 (1)	⊕⊕⊕⊙ LOW <sup>1, 2</sup>	<a href="#">EMPA-Renal Tx 2019</a> reported that in patients with pre-existing or new onset diabetes receiving a kidney graft, empagliflozin significantly reduced the median HbA1c compared to placebo (-0.2%, (-0.6, -0.1) vs 0.1%, (-0.1, 0.4), P = 0.025 (-2.0 mmol/mol (-6.5, -1.0) vs 1.0 mmol/mol (-0.75, 3.8), P = 0.018))
FBG (mmol/L) Time frame: 24 weeks	44 (1)	⊕⊕⊕⊙ LOW <sup>1, 2</sup>	<a href="#">EMPA-Renal Tx 2019</a> reported that in patients with pre-existing or new onset diabetes receiving a kidney graft, empagliflozin did not reduce the median FBG compared to placebo (-0.65 mmol/L, (-1.2, -0.13) vs 0.30 mmol/L (-0.45, 0.55) P = 0.272)
Kidney function markers assessed with: creatinine, eGFR Time frame: 24 weeks	44 (1)	⊕⊕⊕⊙ LOW <sup>1, 2</sup>	<a href="#">EMPA-Renal Tx 2019</a> reported that in patients with pre-existing or new onset diabetes receiving a kidney graft, empagliflozin had a similar effect on change in eGFR compared to placebo at 24 weeks. (-3.0 mL/min/1.73 m <sup>2</sup> , (-7.0, 0) vs -1.0 mL/min/1.73 m <sup>2</sup> (-2.8, 0.75) P = 1). However, at 8 weeks, there was a temporary decline in eGFR compared to placebo (-4.0 mL/min/1.73 m <sup>2</sup> (-7.0, -1.0) vs -1 mL/min/1.73 m <sup>2</sup> (-2.0, 2.0), P < 0.05)
Death (any cause)	Not reported	--	--
Hypoglycaemia Time frame: 24 weeks	44 (1)	⊕⊕⊕⊙ MODERATE <sup>1</sup>	<a href="#">EMPA-Renal Tx 2019</a> reported no episodes of hypoglycaemia in either the treatment or placebo group
Discontinuation of medication due to adverse events Time frame: 24 weeks	49 (1)	⊕⊕⊕⊙ MODERATE <sup>1</sup>	<a href="#">EMPA-Renal Tx 2019</a> reported that two patients receiving empagliflozin (2/24) withdrew from the study, one patient due to urosepsis, and one patient due to repeated urinary tract infections. One patient was withdrawn from the placebo arm due to colon cancer (1/25)

# Spécificités pharmacologiques chez le transplanté

## Fonction rénale

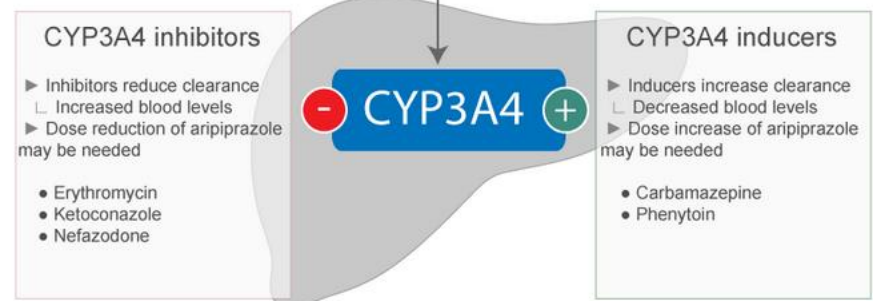


## Interactions médicamenteuses



Bailey CMAJ, 2004

Tacrolimus, Ciclosporine, Everolimus, Sirolimus





# Interactions médicamenteuses cliniquement significatives

Drug	Dose	Cell	Panel	Time	Parameter	Active	Interacts	Mechanism of action
<b>Diuretics</b>								
Metformin	500-2000	50%	Verdon 5 <sup>1</sup>	Not significant	No	C <sub>0</sub> & AUC ↑ 2	Renal (not unchanged)	
<b>Sulphonylureas</b>								
Glibenclamide	175-105	90%	90-90%	5-1	C <sub>0</sub> ↑ 20%	Yes	C <sub>0</sub> ↑ 20% ↑ 30%	Renal (not unchanged)
Glibenclamide	40-200	97%	95%	10	C <sub>0</sub> ↑ 20%	No		Renal <sup>1</sup>
Glibenclamide	15	100%	100%	50	C <sub>0</sub> ↑ 20%	Yes		Renal <sup>1</sup>
Glibenclamide	250-50	80%	100%	24	C <sub>0</sub> ↑ 20% + C <sub>0</sub> ↑ 20%	No		Renal (not unchanged)
<b>Medicines analysis</b>								
Repaglinide	0.5-1	67%	100%	1	C <sub>0</sub> ↑ 20% + C <sub>0</sub> ↑ 20%	No	C <sub>0</sub> ↑ 20%	50% <sup>2</sup>
Repaglinide	0.5-10	72%	97-98%	15	C <sub>0</sub> ↑ 20% + C <sub>0</sub> ↑ 20%	No		Renal (not unchanged)
<b>Thiazolidinediones</b>								
Repaglinide	0.5-1	100%	100%	50	C <sub>0</sub> ↑ 20%	Yes		50% <sup>1</sup>
Repaglinide	0.5	97%	100%	4	C <sub>0</sub> ↑ 20% + C <sub>0</sub> ↑ 20%	No		Renal <sup>1</sup>
<b>Oral antidiabetic inhibitors</b>								
Repaglinide	5	100%	100%	Terminal > 10	Minor (C <sub>0</sub> ↑ 20%)	No		50% (not unchanged)
Repaglinide	5	90% <sup>1</sup>	Verdon 25	C <sub>0</sub> ↑ 20%	Yes			Renal (not unchanged)
Repaglinide	10	87%	88%	12	Minor (C <sub>0</sub> ↑ 20% + C <sub>0</sub> ↑ 20%)	No	AUC ↑ 20%	Renal (not unchanged)
Repaglinide	5-10	85%	95%	3	Minor (C <sub>0</sub> ↑ 20% + C <sub>0</sub> ↑ 20%)	No		Renal (not unchanged)

D\* Lexicomp® : Ciclosporine + Repaglinide (Novonorm®), AUC +144% C<sub>max</sub> +75% => risque hypo

A. Tornio, Trends in Pharmacological Sciences, 2012.

Inhibiteurs SGLT-2 (Glifozines)									
Dapaglifozine	5-10	78%	91%	12.9	UGT1A9	No	?	Renal (glucoronoconjugate)	
Empaglifozine	10-25	?	86%	12.4	UGT2B7, UGT1A3, UGT1A8, UGT1A9	No	?	Renal (glucoronoconjugate) Feces (unchanged)	

Pas d'interaction attendue avec les immunosuppresseurs

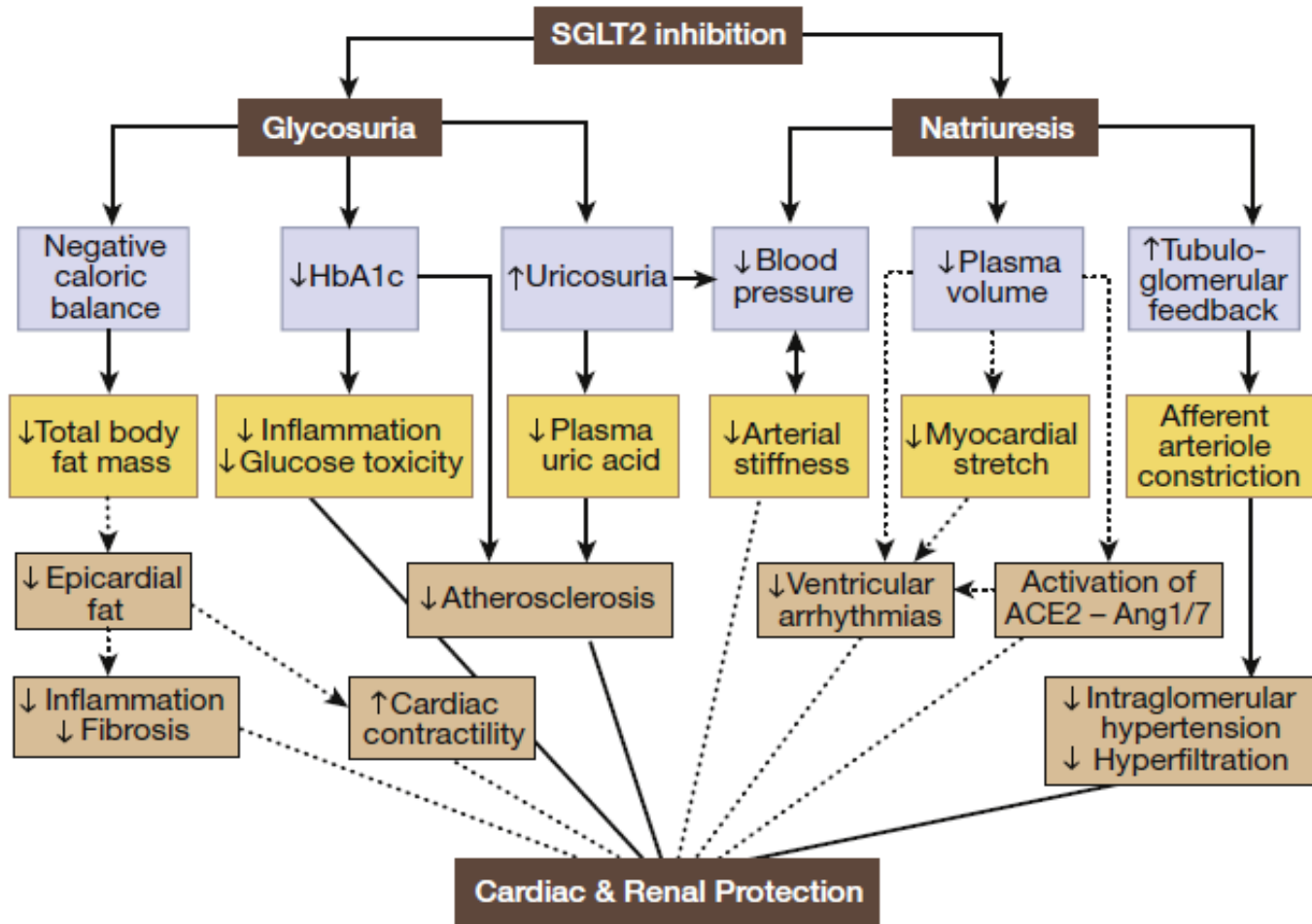
# Agents hypoglycémiants et stade d'IRC

		CKD-1	CKD-2	CKD-3	CKD-4	CKD-5ND	CKD-5D		
Sulfonylureas	Metformin	No adjustments		1,5g-850 mg/day*	500 mg/day**	Consider carefully/Awaiting further data			
	Chlorpropamide	No adjustments		100-125 mg/day	To be avoided				
	Acetohexamide	To be avoided							
	Tolazamide	To be avoided							
	Tolbutamide	250mg, 1-3 times/day					To be avoided		
	Glipizide	No adjustments							
	Glicazide	Start at low doses and dose titration every 1-4 weeks							
	Glyburide	To be avoided							
	Glimepiride	Reduce dosage to 1 mg/day					To be avoided		
	Gliquidone	No adjustments							
	α-gluc inhibitors	Repaglinide	No adjustments					Limited experience available	
		Nateglinide	No adjustments					Start at 60 mg/day	To be avoided
Acarbose		No adjustments			use lowest dose and <50mg				
Miglitol		Limited experience available							
DPP-IV inhibitors	Pioglitazone	No adjustments							
	Sitagliptin	No adjustments		Reduce to 50 mg/day	Reduce to 25 mg/day				
	Vildagliptin	No adjustments		Reduce to 50 mg/once daily					
	Saxagliptin	No adjustments		Reduce to 2,5 mg/once daily					
	Linagliptin	No adjustments							
	Alogliptin	No adjustments		Reduce to 12,5 mg/daily					
Incretin Mimetics	Exenatide	No adjustments	Reduce dose to 5 mcg/once to twice daily		To be avoided				
	Liraglutide	Limited experience available							
	Lixisenatide	No adjustments	Careful use if GFR 80-50 mL/min				No experience available		
	Pramlintide	Limited experience available							
SGLT-2 inhibitors	Dapagliflozin	Limited experience available							
	Canagliflozin	Reduced efficacy		Careful monitoring		To be avoided			
	Empagliflozin	Limited experience available							

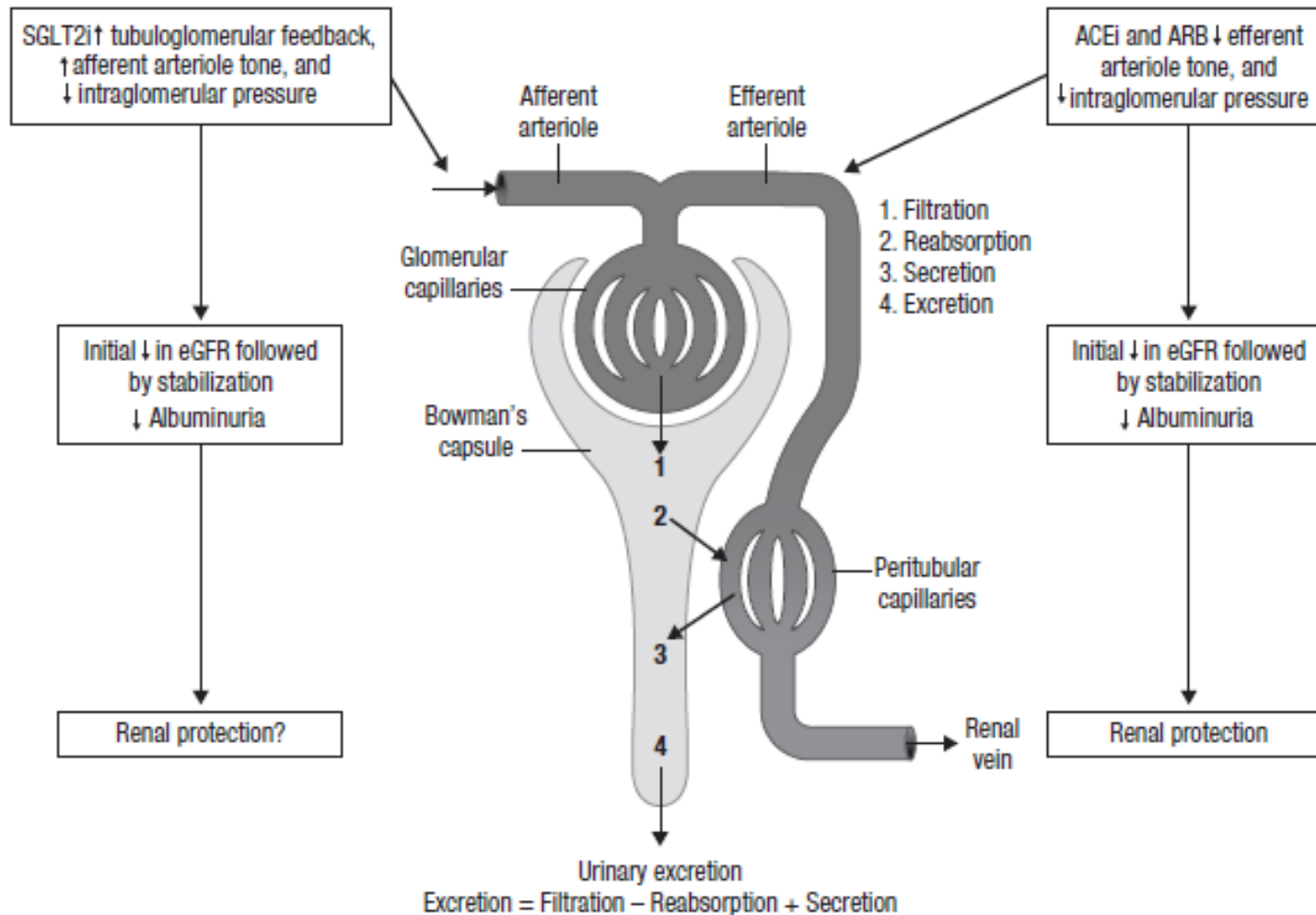
Diabète post greffe

# **GLIFLOZINES - INHIBITEURS DU SGLT-2 & TRANSPLANTATION RENALE**

# Sodium–glucose cotransporter 2 inhibition and cardiovascular risk reduction in patients with type 2 diabetes: the emerging role of natriuresis



# Effets rénaux des inhibiteurs SGLT-2 et du SRA



# Etudes gliflozines en protection CV et rénale

	CREDESCENCE	DAPA-CKD	EMPA-REG	CANVAS	DECLARE-TIMI 58
<b>Drug</b>	Canagliflozin 100 mg once daily	Dapagliflozin 10 mg once daily	Empagliflozin 10 mg, 25 mg once daily	Canagliflozin 100 mg, 300 mg once daily	Dapagliflozin 10 mg once daily
<b>Total of participants</b>	4401	4304	7020	10,142	17,160
<b>% with CVD</b>	50	37.4	100	66	41
<b>eGFR criteria for enrollment (ml/min per 1.73 m<sup>2</sup>)</b>	30–90	25–75	≥30	≥30	CrCl ≥60 ml/min, 45% had eGFR 60–90
<b>Mean eGFR at enrollment (ml/min per 1.73 m<sup>2</sup>)</b>	56	43	74	76	85
<b>% with eGFR &lt;60</b>	59	88	26	20	7.4
<b>ACR</b>	Criteria: ACR >300–5000 mg/g [30–500 mg/mmol] Median ACR 927 mg/g [92.7 mg/mmol]	ACR 200–5000 mg/g [20–500 mg/mmol] ACR Median DAPA: 965 mg/g [96.5 mg/mmol]; Placebo: 934 mg/g [93.4 mg/mmol]	No criteria ACR <30 mg/g [3 mg/mmol] in 60%; 30–300 mg/g [3–30 mg/mmol] in 30%; >300 mg/g [30 mg/mmol] in 10%	No criteria Median ACR 12.3 mg/g [1.23 mg/mmol]	No criteria
<b>Follow-up (yr)</b>	2.6	2.4	3.1	2.4	4.2
<b>Primary outcome(s)</b>	Composite kidney	First occurrence of a ≥50% decline in eGFR, the onset of kidney failure, or death from renal or CV causes	MACE	MACE	1) MACE; 2) Composite CV death or hospitalization for HF
<b>CV outcome results</b>	CV death, MI, stroke: HR: 0.80; 95% CI: 0.67–0.95; hospitalization for HF: HR: 0.61; 95% CI: 0.47–0.80	CV death: HR: 0.81; 95% CI: 0.59–1.21	MACE: HR: 0.86; 95% CI: 0.74–0.99; hospitalization for HF: HR 0.65; 95% CI 0.50–0.85	MACE: HR: 0.86; 95% CI: 0.75–0.97; hospitalization for HF: HR 0.67; 95% CI: 0.52–0.87	MACE: HF: 0.93; 95% CI: 0.84–1.03; CV death or hospitalization for HF: HR 0.83; 95% CI: 0.73–0.95
<b>Kidney outcome</b>	Composite of kidney failure outcomes, doubling SCr, or death from renal or CV causes	First occurrence of a ≥50% decline in eGFR, the onset of kidney failure, or death from renal or CV causes	Incident or worsening nephropathy (progression to severely increased albuminuria, doubling of SCr, initiation of KRT, or renal death) and incident albuminuria	Composite doubling in SCr, kidney failure, or death from renal causes	Composite of ≥40% decrease in eGFR to <60 ml/min per 1.73 m <sup>2</sup> , kidney failure, CV or renal death
<b>Kidney outcome results</b>	Primary kidney: HR: 0.70; 95% CI: 0.59–0.82	Primary outcome: HR: 0.61; 95% CI: 0.45–0.73	Incident/worsening nephropathy: 12.7% vs. 18.8% in empagliflozin vs. placebo. [HR: 0.61; 95% CI: 0.53–0.70] Incident albuminuria: NS	Composite kidney: 1.5 vs. 2.8 1000 patient-years in the canagliflozin vs. placebo [HR: 0.53; 95% CI: 0.33–0.84]	Composite kidney: HR: 0.76; 95% CI: 0.67–0.87

# Empagliflozin Scores Topline Win in EMPA-KIDNEY Trial

Mitchel L. Zoler, PhD

March 17, 2022

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28



Researchers running the EMPA-KIDNEY trial that's been testing the safety and efficacy of the SGLT2 inhibitor [empagliflozin](#) (Jardiance) in about 6600 patients with [chronic kidney disease](#) (CKD) [announced](#) on March 16 that they had stopped the trial early because of positive efficacy that met the study's prespecified threshold for early termination.

# Empagliflozin Scores Topline Win in EMPA-KIDNEY Trial

Mitchel L. Zoler, PhD

March 17, 2022

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## EMPA-KIDNEY Early Stop

Study of heart and kidney protection with empagliflozin

### BURDEN OF CHRONIC KIDNEY DISEASE



Kidney disease is a global public health issue, affecting nearly **850 million people**, which is more than **one in ten adults**<sup>1</sup>



Worldwide, **5 to 10 million people** die each year from chronic kidney disease (CKD)<sup>2</sup>



CKD is **closely linked** with several metabolic and cardiovascular (CV) diseases<sup>3,4,5</sup>



Prevention of kidney disease progression and reduction of CV risk remain significant unmet clinical needs<sup>6</sup>

### ABOUT THE EMPA-KIDNEY TRIAL



EMPA-KIDNEY is the **largest and broadest** SGLT2 inhibitor trial in CKD to date<sup>7</sup>



EMPA-KIDNEY is evaluating the efficacy and safety of Jardiance<sup>®</sup> (empagliflozin) across a broad spectrum of adults with CKD<sup>8</sup>



The trial's Independent Data Monitoring Committee recommended that the trial be **stopped early** due to clear **positive efficacy**

#### Study design



EMPA-KIDNEY is a double-blind, randomized, placebo-controlled, academic-led trial, including more than **6,600 adults with CKD**<sup>7</sup>



The trial is being conducted, analyzed, and reported by the **Medical Research Council Population Health Research Unit at the University of Oxford**<sup>7</sup>

#### EMPA-KIDNEY endpoints



**Primary endpoint:**  
a composite of kidney disease progression or CV death<sup>7</sup>



**Key secondary endpoints:**  
CV death or hospitalization for heart failure, all-cause hospitalization, and all-cause mortality<sup>7</sup>



EMPA-KIDNEY includes adults with CKD who are **frequently seen in clinical practice but under-represented in previous SGLT2 inhibitor trials**, including people:<sup>7,8</sup>



- with mildly to severely reduced eGFR (a measure of kidney function);
- with normal and increased levels of albumin (a type of protein present in the urine);
- with and without diabetes;
- with CKD attributable to a wide range of underlying causes

### CONCLUSION

EMPA-KIDNEY follows the landmark EMPA-REG OUTCOME<sup>®</sup> and EMPEROR trials, all of which demonstrated cardio-renal benefits of empagliflozin<sup>9,10,11</sup>

Full results from EMPA-KIDNEY will be presented at an upcoming medical congress

#### References

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# Particularité du diabète post-greffe

- Fréquence élevée d'infection urinaire (reflux sur le greffon, contexte immunosuppression, manœuvres urologiques)



U.S. Food and Drug Administration  
Protecting and Promoting Your Health

Drug Safety Communications

**FDA warns about rare occurrences of a serious infection of the genital area with SGLT2 inhibitors for diabetes**

**Safety Announcement**

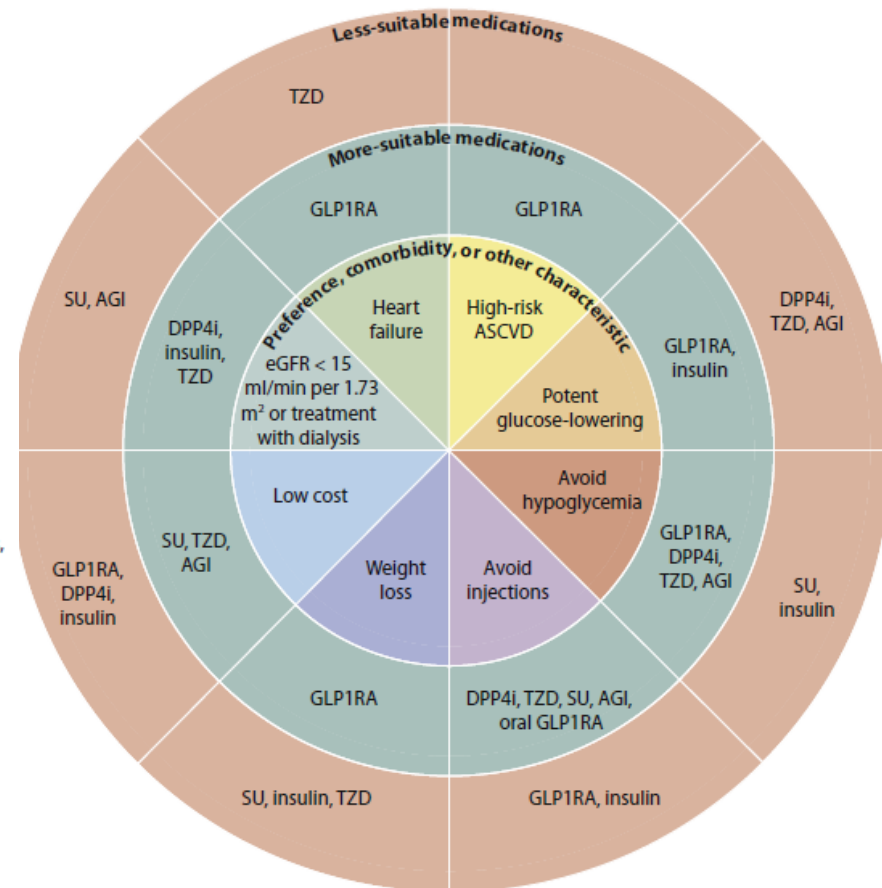
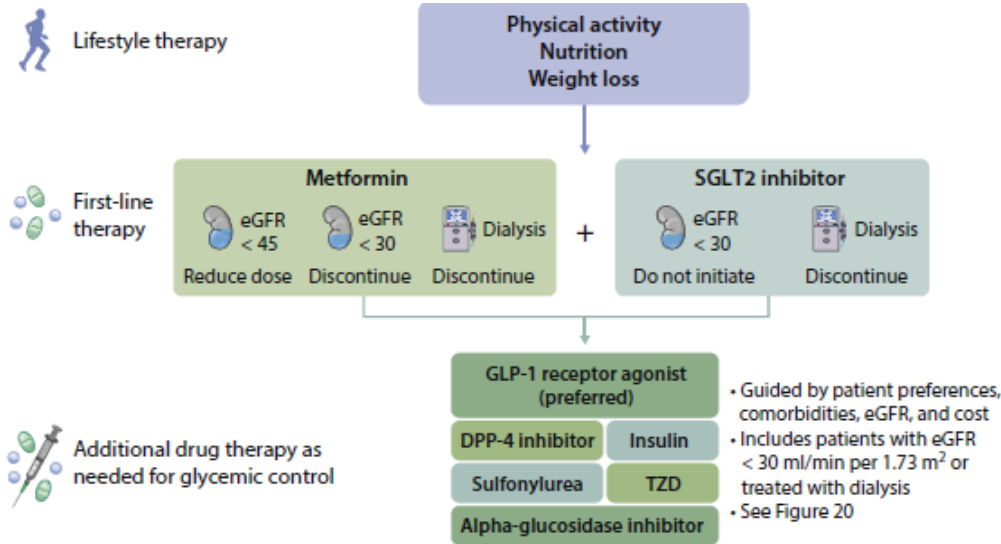


- Variabilité de la créatinine et absence de données solides sur la néphro-protection des inhibiteurs du RAS

Diabète post greffe

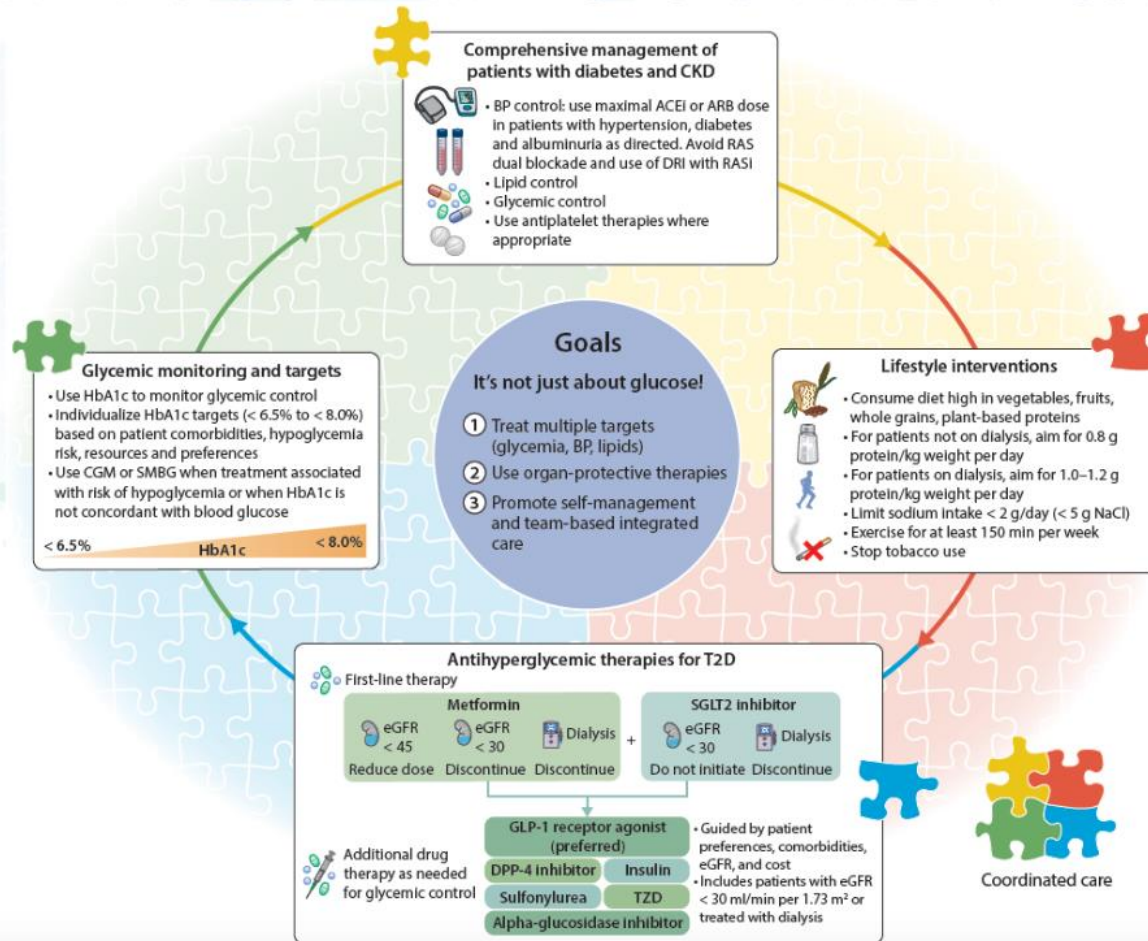
# **CONCLUSION**

# Choix de la stratégie thérapeutique: Post-greffe = MRC ?



# Approche intégrée

## KDIGO DIABETES GUIDELINE 2020 CENTRAL ILLUSTRATION



**Merci de votre  
attention!**

**RDV à Liège en  
Octobre 2023.**

3 - 6 OCTOBRE 2023

8<sup>ÈME</sup> CONGRÈS  
DE LA SOCIÉTÉ  
FRANCOPHONE  
DE NÉPHROLOGIE,  
DIALYSE ET  
TRANSPLANTATION

PALAIS  
DES  
CONGRÈS  
**LIÈGE**

DATES À  
RETENIR

SFNDT

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The poster features a background image of the Palais des Congrès in Liège, Belgium, with a fountain in the foreground. The text is overlaid on a large, stylized graphic element consisting of overlapping circles in shades of blue and green. The website URL is prominently displayed at the bottom.

# Protection rénale et cardio-vasculaire

